

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>JANUARY</h1> <h2>Columbine Commons Health & Rehab Facility</h2>						1 New Year's Day 10:00AM Exercise (DR) 10:30AM Wii Bowling (DR) 2:00PM New Year's Bingo! (DR) 3:30PM Card Games
2 10:00AM Exercise (DR) 10:30AM Wacky Words (DR) 1:30PM Church Service (ADR) 4:05PM Broncos Vs. Chargers (DR) 2:15PM- Sunday Social	3 10:00AM Exercise (DR) 10:30AM Morning News and Short Stories (DR) 2:00PM Wii Bowling (DR)	4 10:00 AM- Exercise (DR) 10:30 AM- Uno (DR) 2:00 PM- Travelogues w/Bryana 6:30PM Movie Night (DR)	5 CHAPLAIN ON-SITE 10:00AM Exercise (DR) 10:30AM Football Pool Results (DR) 2:00PM Left, Right, Center (DR)	6 MASSAGE THERAPIST ON-SITE 8:30 AM Target Outing 10:00 AM- Exercise 10:00 AM Hymns with Lynn (ADR) 2:00PM Bingo (DR) 6:30PM Movie Night (DR)	7 10:00AM Exercise Games (DR) 10:30AM Tic Tac Toe (DR) 2:00PM Entertainment w/ Vick Anderson (Country Music) (ADR)	8 10:00AM Exercise (DR) 10:30AM Wii Bowling (DR) 2:00PM Bingo (DR)
9 10:00AM Exercise (DR) 10:30AM Trivia (DR) 1:30PM Church Service (ADR) 2:25PM Broncos Vs. Chiefs (DR) 2:15 Sunday Social (DR)	10 10:00AM Exercise (DR) 10:30AM Morning News and Short Stories (DR) 2:00PM Wii Bowling (DR)	11 8:30AM Walmart Outing 10:00AM Exercise (DR) 2:00PM International Music Presentation (DR) 6:30PM Movie Night (DR)	12 CHAPLAIN ON-SITE 10:00AM Sit and Be Fit (DR) 10:30AM Football Pool (DR) 2:00PM Art Therapy w/ Windsor Art and Heritage Center (DR)	13 MASSAGE THERAPIST ON-SITE 10:00AM Exercise (DR) 10:30AM Music Therapy with Katie (DR) 2:00PM Bingo (DR) 6:30PM Movie Night (DR)	14 10:00AM Exercise Games (DR) 10:30AM Left Right Center (DR) 2:00PM- Music Entertainment (ADR)	15 10:00AM Exercise (DR) 10:30AM Wii Bowling (DR) 2:00PM Bingo (DR)
16 10:00AM Exercise (DR) 10:30AM Cranium Crunches (DR) 1:30PM Church Service (ADR) 2:15 Sunday Social (DR)	17 MLK Jr. Day 10:00AM Exercise 10:30AM Morning News and Short Stories (DR) 2:00PM Resident Council (DR) 2:30PM Wii Bowling (DR)	18 10:00AM Exercise (DR) 10:30 Blackjack (DR) 2:00PM SNF vs. ALF Bowling Tournament (DR) 6:30PM Movie Night (DR)	19 CHAPLAIN ON-SITE 10:00AM- Exercise 10:30 AM- Trivia Games 2:00PM- Documentary (DR)	20 MASSAGE THERAPIST ON-SITE 10:00AM Exercise (DR) 10:30AM Science Experiment (DR) 2:00PM Bingo (DR) 6:30PM Movie Night (DR)	21 10:00AM-Exercise Games (DR) 10:30AM- Corn Hole (DR) 2:00PM- Music Entertainment (ADR)	22 10:00AM Exercise (DR) 10:30AM Wii Bowling (DR) 2:00PM Bingo (DR)
23 10:00AM Exercise (DR) 10:30AM Wacky Words (DR) 1:30PM Church Service (ADR) 2:15 Sunday Social (DR)	24 10:00AM Exercise (DR) 10:30AM Wii Bowling (DR) 2:00PM Are You Smarter Than A 5th Grader? (DR)	25 10:00AM Exercise 10:30AM Trivia (DR) 2:00PM Card Games (DR) 6:30PM Movie Night (DR)	26 CHAPLAIN ON-SITE 10:00AM Exercise (DR) 10:30AM Football Pool (DR) 2:00PM Scenic Drive Outing	27 MASSAGE THERAPIST ON-SITE 10:00AM Exercise (DR) 10:30AM Incoherent Words w/Sophie (DR) 2:00PM Bingo (DR) 6:30PM Movie Night (DR)	28 10:00AM Exercise Games (DR) 10:30AM Games (DR) 2:00PM- Music Entertainment (ADR)	29 10:00 AM Exercise (DR) 10:30 AM Wii Bowling (DR) 2:00 PM Bingo (DR)
30 10:00 AM Exercise (DR) 10:30 AM Trivia Games (DR) 1:30 PM Church Service (ADR) 2:15 PM- Sunday Social (DR)	31 10:00 AM Exercise (DR) 10:30 AM Wii Bowling (DR) 2:00 PM- Music w/Bryana (DR)	Green- Outings Blue- Entertainment Orange- Special Activity				