



Columbine Commons

# Happenings

JANUARY 2022



1475 Main Street  
Windsor, CO 80550  
**970-449-5540**

**BUILDING ADMINISTRATOR**  
Palmer Withrow, NHA

**DIRECTOR OF NURSING**  
Charity Beaman, RN

**OFFICE MANAGER**  
Katie Hawk, BS

**ACTIVITY DIRECTOR**  
Brooke Worthen

**SOCIAL SERVICES/ ADMISSIONS**  
Stephanie Curtis

**DIRECTOR OF NUTRITION SERVICES**  
Tracy Rohrig, RD

**MAINTENANCE SUPERVISOR**  
Shane Marbry

**HOUSEKEEPING SUPERVISOR**  
Maira Gomez

**EXECUTIVE CHEF**  
Jason Prentiss



## WHAT HAPPENED LAST MONTH?


Although we didn't see any snow, we did dash away. Driving on our Christmas light display evening was super fun. WOW did we see a lot of houses that went all out. Some homes were even synced to radio stations. One of our beloved residents used to put on quite the displays in his younger days. He shared with us the joy he had putting it all together. He stated that he would start putting lights on his house in September! Not to be out done by the "Great Snowball Fight!" Watch out for more flying snowball fun. I believe several staff and residents kept a few snowballs hidden for direct hits .

## WHAT'S GOING ON IN JANUARY –

Do you think we will see some snow? Place your bets with Brooke on what day the snow will stick by January 7th. Winner will receive a special prize. There is some new fun going on during Tuesdays BINGO game this month. If I grab your lucky number, you will win \$10.00. That could come in handy when we go to the Windsor playhouse or other outing opportunities. Speaking of the play, the show this month is "Messiah on the Frigidaire". The small town of Elroy, South Carolina is thrust into the evangelical spotlight when what seems to be the image of Jesus appears on a refrigerator in a trailer park.

The discovery by Lou Ann Hightower, her husband Dwayne, and her best friend Betsy, sets into motion a frenzy of conflict, communion and good old fashioned commerce. Cost is \$20.00 per ticket.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>JANUARY</h1>						<b>1 New Year's Day</b> 9:30am Exercise (AR) 10:15 Wii Bowling (AR) 2:00pm BINGO (DR)
<b>2</b> 9:30am Exercise (AR) 10:30- 12:00 glasses cleaned (FD) 1:30 pm Worship Service (DR)	<b>3</b> 9:30am Exercise (AR) 10:00 Crossword (AR) 2:00 Yahtzee (DR) 3:30 Blackjack (AR)	<b>4</b> 9:30am Exercise (AR) 10:00 Wii Bowling 11:30 Liver and onions club (PD) 2:00 Bingo (DR) 3:15 Family Feud (AR) (Need at least 4 people to play)	<b>5 Happy Birthday RK</b> <b>Chaplain On-Site</b> 9:30am Exercise (AR) 10:00 Bible study with Peter 2:00 Trivia (Need at least 4 people to play)	<b>6 Happy Birthday Judy</b> <b>Massage Therapist On-Site</b> 9:30am Exercise (AR) 10:00 Wii Bowling 2:00 Bingo	<b>7</b> 9:30am Exercise (AR) 10:00 Game "Jenga" 2:00pm Happy Hour (DR) Entertainment 3:15 Open games (AR&DR) Chinese checkers, Yahtzee, Clue (self-directed)	<b>8</b> 9:30am Exercise (AR) 10:15 Wii Bowling 2:00pm BINGO (DR) 3:30pm Saturday Matinee (AR)
<b>9</b> 9:30am Exercise (AR) 10:30- 12:00 glasses cleaned (FD) 1:30pm Worship Service (DR)	<b>10</b> 9:30am Exercise (AR) 10:00 Coffee and News (AR) 2:00 Resident Council (DR) 3:30 Blackjack (AR)	<b>11</b> 9:30am Exercise (AR) 10:00 Wii Bowling (AR) 2:00 Bingo (DR) 3:15 Cooking Club With Jason and Brooke (AR)	<b>12 Chaplain On-Site</b> 9:30am Exercise (AR) 10:00 Bible study with Peter (AR) 1:00 Art therapy 2:00 Jeopardy (Need at least 4 people to play)	<b>13 Massage Therapist On-Site</b> 1:30 Library stop 9:30am Exercise (AR) 10:00 Wii Bowling 10:30 Music Therapy 2:00 Bingo 3:15 dice game "Ship Captain Crew"	<b>14</b> 9:30am Exercise (AR) 10:00 Craft TBA (AR) 2:00 Happy hour Entertainment 3:15 Open games	<b>15</b> 9:30am Exercise (AR) 10:15 Wii Bowling 2:00 Bingo
<b>16</b> 9:30am Exercise (AR) 10:30- 12:00 glasses cleaned (FD) 1:30pm Worship Service (DR)	<b>17 MLK Jr. Day</b> 9:30am Exercise (AR) 10:00 Balloon volleyball 2:00 Yahtzee (DR) 3:30 Blackjack (DR)	<b>18</b> 9:30am Exercise (AR) 10:15 Wii Bowling 2:00 Bingo 3:15 Yahtzee (Need at least 2 people to play)	<b>19 Chaplain On-Site</b> 9:30am Exercise 10:00 Bible study with Peter 2:00 Dice game "Left Right Center" (Need at least 4 people to play)	<b>20 Massage Therapist On-Site</b> 9:30 exercise 10:00 Wii Bowling 10:30 outing TBA 2:00 Bingo	<b>21 Happy Birthday Lucille</b> 9:30am Exercise (AR) 10:00 Basketball (AR) 2:00pm happy Hour Entertainment	<b>22</b> 9:30am Exercise (AR) 10:15 Wii Bowling (AR) 2:00pm BINGO (DR)
<b>23</b> 9:30am Exercise (AR) 10:30- 12:00 glasses cleaned (FD) 1:30pm Worship Service (DR)	<b>24</b> 9:30am Exercise (AR) 10:00 Jeopardy (AR) 2:00 Open games 3:30 Blackjack	<b>25</b> 8:30 Walmart 9:30am Exercise video (AR) 10:00 Wii Bowling 2:00 Bingo 3:15 Cooking Club with Jason and Brooke	<b>26 Chaplain On-Site</b> 9:30am Exercise (AR) 10:00 Bible study with Peter 2:00 Balloon Volleyball	<b>27 Happy Birthday Sue</b> <b>Massage Therapist On-Site</b> 1:30 Library stop 9:30am Exercise (AR) 10:00 Wii Bowling 2:00 Bingo 3:15 open games	<b>28</b> 9:30am Exercise (AR) 10:00 Corn hole (AR) 2:00pm happy hour Entertainment	<b>29</b> 9:30am Exercise (AR) 10:15 Wii Bowling (AR) 2:00pm BINGO (DR)
<b>30</b> 9:30am Exercise (AR) 10:30- 12:00 glasses cleaned (FD) 1:15 Outing Windsor Playhouse cost \$20.00 1:30pm Worship Service (DR)	<b>31</b> 9:30am Exercise (AR) 10:00 Food Discussion meeting 2:00 Open games 3:30 Blackjack					



**SHELLY'S BEAUTY BAR**  
Tuesday-Friday, 9-3PM

To schedule an appointment with Shelly please call (970) 388-1144 or speak with a staff member. Her services are open to friends and family too, so spread the word!

### SERVICES

- Adult Haircut \$20
- Kids Cut (under 12) \$15
- Shampoo Set/Iron Curl/Blowout \$20
- Hair Color -Short \$45
- Hair Color-Medium \$65
- Hair Color-Long \$85
- Perms \$50/\$65/\$85 (specialty wrap)
- Manicure (water or hot oil) \$20
- Polish Change \$7
- Pedicure \$30
- Toenail Trimming \$10
- Nail Trimming \$5
- Make Up Application \$20
- Beard Trim \$5
- Facial Hair Removal \$7

## OUTINGS AND SIGN UP'S

Outing transportation is limited to 8 residents! Don't forget to sign up early for outings in the binder at the Information Station just outside the activities room!

Jan. 4th, 11:30, Liver and Onions Club (Sign up by Jan 2nd )

Jan. 20th, 10:30, TBA

Jan. 25th, 8:30, Walmart

Jan. 30th, 1:15, Windsor playhouse

## ANNOUNCEMENTS

Please be advised... our staff is not able to send any mail out that is bigger than a letter. You can purchase stamps at the front desk.

Don't forget to sign up for Liver And Onions Club! Lunch will be held on Jan. 4th.

## TADA... LOOK HERE!

We have two members of our staff who are celebrating service in Columbine Commons.

- Maggie has been a Laundry Aide for 3 years.
- Deb has been a Dietary Aide for 1 year .

## SUNDAY SERVICE

Sunday Service with community volunteers is held on Sundays at 1:30 in the Assisted Living Dining Room.



## CHECKOUT

The Clearview Library will be in twice this month. The 2nd and 4th Thursday of each month. The books will be brought into the Activity Room. If you are interested in joining this service, please speak to Brooke Worthen, your Activity Director

## MASSAGE THERAPY AND FOOT REFLEXOLOGY

Diane Thomas, our massage therapist, will be on site every Thursday of this month. Please see Brooke if you would like to schedule a visit!

## JANUARY BIRTHDAY CELEBRATIONS

Jan. 5th RK

Jan. 6th Judy W

Jan. 21th Lucille

Jan. 27th Sue

