



Bloom at Home (Non-Medical Home Care)

Bloom at Home offers a variety of personal care and companionship services. Examples of services include bathroom assistance, medication reminders, transfer assistance, pet care, running errands, meal planning, light housekeeping, etc. For additional questions about Bloom at Home services and pricing, please call 970-482-5096.

Audiologist Visit

Tuesday November 2nd (Private Dining Room)

On Tuesday, November 2nd at 9 AM in the Private Dining Room, Katie Cox AuD of The Hearing Place will be providing a hearing care clinic. Complimentary services include hearing aid checks, cleanings and wax removal. Appointments are on a first come first serve basis. Please sign up in the activity binder located at the Function Junction or contact the Front Desk.

Foot and Toenail Clinic at The Windsor

Monday November 1st (Beauty Salon)

Merrie D'Urbano RN will be coming to provide a 30-minute podiatry appointment for \$35. She will provide a foot and skin assessment with a soothing foot soak in warm soapy water. Nail trimming, cuticle care, callus buffing, corn and fungus reduction and a relaxing foot massage are all provided. Nail polish will not be applied. Please sign up at the Function Junction at The Windsor or by contacting the front desk.

Maintenance

Regular business hours are Monday – Friday 7:00am-3:30pm. Maintenance is available on-call for emergent needs on weekends and after hours. Some examples of a maintenance emergency include: Air conditioning or heat not working, no hot water, water leaks or flooding, and egress related issues.

Note: If your smoke detector is alarming and saying “fire” or “carbon monoxide”, please contact 911, do not contact the front desk.

Maintenance can assist with hanging personal items as time allows and will provide basic hardware. Any hardware beyond what we consider basic (shelves, nuts, bolts, hangers, TV mount, etc.) for personal use should be supplied by the tenant. Grab bars are supplied and installed free of charge.

Please do not put nails in any of the doors, woodwork or cupboards. You may find which hooks are acceptable by checking with maintenance first.

Maintenance is not allowed to work on personal appliances, move furniture, flip mattresses, or work on automobiles or electric scooters.

For a maintenance request, call The Windsor front desk at (970) 460-5005.

Snow Removal

- Westwood Patio Homes will provide snow removal on roads, sidewalks and driveways once 1 inch of snow accumulates.
- Snow removal of sidewalks and driveways will take place between the hours of 7:00am - 4:00pm.
- Snow removal may not begin until snowfall has stopped. If it snows during the night, snow removal will begin the following morning.



Westwood Patio Homes AROUND THE CIRCLE NEWSLETTER

970-460-5005

November 2021



**This photo was taken prior to the Larimer County Indoor Mask Mandate*
Dennis and Sue Templar celebrating Oktoberfest at The Windsor.*

Regular Events

Group Exercise

Monday, Wednesday, and Friday at 10:00AM
Get your bodies moving with your neighbors in this tenant-led exercise group! Strengthen, stretch, and balance with a mix of seated and standing exercises.

Social Hour

Tuesdays and Thursdays at 2:00PM
Join the Westwood Patio Home tenants for a social with wine and friendly conversation at the Pavilion. Please bring beverages to share, bring your own, or contribute one dollar. All are welcome!

Mysteries of the World at The Windsor

Mondays at 3:00PM (Activity Room)
Explore the most unusual and unexplained events in history, archeology, and science. From the Bermuda Triangle to what happened to D.B. Cooper and beyond, each week we will discuss and ponder a new topic. This group may not provide answers, but questions and theories are encouraged!

November 1- Cicada 3301
November 8- Superhumans
November 15- Lost Colony of Roanoke

Quarter Bingo at The Windsor

Tuesdays at 3:00PM (Dining Room)
Super Bingo
Friday, November 5th at 3PM (DR)
Come and enjoy rounds of bingo with your friends and neighbors. We will play a regular round, a few specialty rounds like four corners or picture frame, and finally end with a blackout round. Each round costs a quarter to play. Quarters will be available as needed. Super Bingo is two quarters instead of one. Double your run- and your quarter-fund- at Super Bingo!

Rosary with Bev at The Windsor

Wednesdays at 10:30AM (Private Dining Room)
Join Bev from Our Lady of the Valley Catholic Church in a traditional Catholic devotion and fellowship in the Private Dining Room every Wednesday at 10:30AM.

The Windsor's Salon is now offering manicures and pedicures! Kim Dreyer will be available every other Wednesday for your nail care needs.

NAIL SERVICES

- Express Manicure \$24
- Gel Manicure \$40
- Fingernail Polish Change \$18
- Fingernail Nail Trim \$15
- Express Pedicure \$36
- Gel Pedicure \$54
- Toenail Polish Change \$20
- Toenail Nail Trim \$18

To schedule an appointment with Kim Dreyer for your nail care needs, please call 970-310-7679.

Please note that all visitors entering The Windsor will be screened at the Front Desk and are required to wear a mask. Signs have been posted at The Windsor's Front Entrance to notify visitors of this policy.



The Salon at The Windsor: Shear Hospitality

Shear Hospitality is open Tuesdays and Thursdays from 9:00am to 1:00pm. To schedule an appointment with Kimberly please call (970)-222-3602. Please leave a message and allow 48 hours to hear back.

HAIR SERVICES

- Women's Haircut \$20
- Men's Haircut \$12
- Color Service \$35
- Color Retouch \$25
- Full Highlight \$75
- Partial Highlight \$55
- Perm \$45
- Partial Perm \$30
- Shampoo/Set \$20
- Waxing \$5, \$8, \$10

To schedule an appointment with Kimberly for your hair care needs, please call 970-222-3602.

Special Events

Jeanne Nott Senior Comedy Show- Friday, November 12th at 3PM (Dining Room)

Tickle your funny bone and share some laughs with comedian Jeanne Nott. Jeanne is a multi-talented woman from the Denver area and a contestant in 2022 Ms. Colorado Senior America Pageant. Her comedy routine is by seniors, for seniors.

Scott Jensen Friday, November 19th at 3PM (Dining Room)

Come enjoy live music and fun from Scott Jensen! Scott will play the guitar and sing favorite oldies like Frank Sinatra, Patsy Kline, Elvis Presley and more! Singing along is welcome and encouraged! This will be his first performance at The Windsor.

Sydney Pierce Music Program Monday, November 22nd at 3PM

In each 60 minute program, Sydney sings about a dozen songs, and presents informative history, stories or jokes centering on the times, and the singers. The audience is encouraged to share memories as we go along. On her first visit to The Windsor, she will present songs from the 1940's and Big Band Era.

Stuff You Missed in History Class Tuesday, November 2nd and November 30th at 11AM (AR)

Tracy V. Wilson and Holly Frey are the hosts of this excellent podcast. The podcast digs into topics that haven't gotten enough attention in the world of history – whether they're weird, wonderful, scary or sad. The episodes vary in length from 20 minutes to 40 minutes. This month, we'll listen to How the First Thanksgiving Worked and The Shipwreck that Saved Jamestown.

Westwood Patio Homes Social Committee Interest Survey (Enclosed)

The Westwood Social Committee aims to identify and implement programs to live a fulfilled life through events and activities with fellow neighbors.

The Westwood Social Committee is conducting an interest survey to identify areas of interest such as hiking, reading and discussing books or current events, needle work, card games, etc.

Please complete the survey. Return completed surveys to The Windsor's Front Desk. The Social Committee will summarize the offerings and bring those together with a shared interest to organize into small groups.

-Dick Wood, Social Committee Acting Chairperson

November Dates and Holidays

Mark your calendars with some of these dates and celebratory national days!

- November 2nd: Election Day
- November 3rd: National Sandwich Day
- November 7th: Daylight Savings Ends
- November 11th: Veteran's Day
- November 13th: World Kindness Day
- November 19th: International Men's Day
- November 25th: Thanksgiving Day

Fall Back! Set your clocks back one hour.

Happy Thanksgiving!

- November 26th: Black Friday
- November 27th: Small Business Saturday
- November 29th: Cyber Monday
- November 28th: Hannukah

Happy Hannukah!

November 11th – Veteran's Day

Veteran's Day is a time for us to pay our respects to those who have served. The holiday started as a day to reflect upon the heroism of those who died in our country's service and was originally called Armistice Day. In 1954, the holiday was changed to "Veteran's Day" to account for all veterans.

November 13th – World Kindness Day

World Kindness Day is a global day that promotes the importance of being kind to each other, to yourself, and to the world. The purpose of this day is to help everyone understand that compassion for others is what brings us together.

Tenant Showcase

If you are interested in sharing a short story, pictures, poem, recipe, etc. in a future newsletter, please contact Lindsey. We would love to feature our patio home tenants and learn about your talents. Contributions to the newsletter should be given to Lindsey no later than the 20th of the month prior. I look forward to hearing from you!

Shadows by Dick Wood
We have a tree in our yard
Whose leaves take life
When stirred by an autumn breeze
That sets them to dancing
While
Casting a kaleidoscope of shadows
That dance upon the wall of my room.
As I am drawn into their beauty and grace
I am reminded of the simple pleasure
That comes upon me
As I sit in silence and let my soul find peace
In the blessings of this good earth.

Dining at The Windsor

The Windsor is excited to welcome back guests who are fully vaccinated for meals! All guests need to be screened at the front desk upon entry to The Windsor. Please arrive no later than 6:00pm for dinner reservations.

Please note: The Windsor's Dining Room will be closed to patio home guests on Thanksgiving Day due to an adjusted meal service.

Meal Times

- Breakfast 7:00AM – 9:00AM
- Dinner 5:00PM – 6:30PM

Pricing & Reservations

- Breakfast \$7 – no reservations required, no limit on guests.
- Dinner \$13 – reservations required by noon, limited to 8 guests.
- Meals can be paid by cash/check at the front desk prior to the meal or can be billed to monthly rent.
- Reservations can be made by calling the front desk.
- As a reminder, we do not accept tips.

Interested in receiving the weekly menus via email? Contact Lindsey or the front desk to be added to the email list.

Trash & Recycling Schedule

- Thursday November 4: Trash & Recycling
- Thursday November 11: Trash only
- Thursday November 18: Trash & Recycling
- Friday November 26 Trash only (Pick up will be one day late due to Thanksgiving holiday)

*Trash and recycling should be out on the curb no later than 7:00AM to ensure pick up.

Contact Lindsey if you need a 2021 Trash & Recycling Calendar or Gallegos Recycling Guide.

Care Management Services

Did you know that Columbine Health Systems provides Care Management Services? Care Managers can help you to keep your independence by providing assistance with insurance navigation, bill payments, attending doctor's appointments, finding resources regarding home health care and other in-home services, communicating between you, your family and your providers and much, much more! Contact Anna Von Dreele at 970-619-0082 or Lindsey at 970-460-5005 for more information.