

happenings

OCTOBER 2021

1365 West 29th Street
Loveland, CO
970-667-6111

ADMINISTRATOR
Clinton Dale

ADMISSIONS
Ashley Withrow

ACTIVITY DIRECTOR
Katrina Good

**BUSINESS OFFICE
COORDINATOR**
Jackie Avitia

DIETARY MANAGER
Natalie Kirkiakos

**DIRECTOR OF
NURSING**
Jordyn Pim

**HOUSEKEEPING
SUPERVISOR**
Selena Gomez

LAUNDRY SUPERVISOR
Louise Aragon

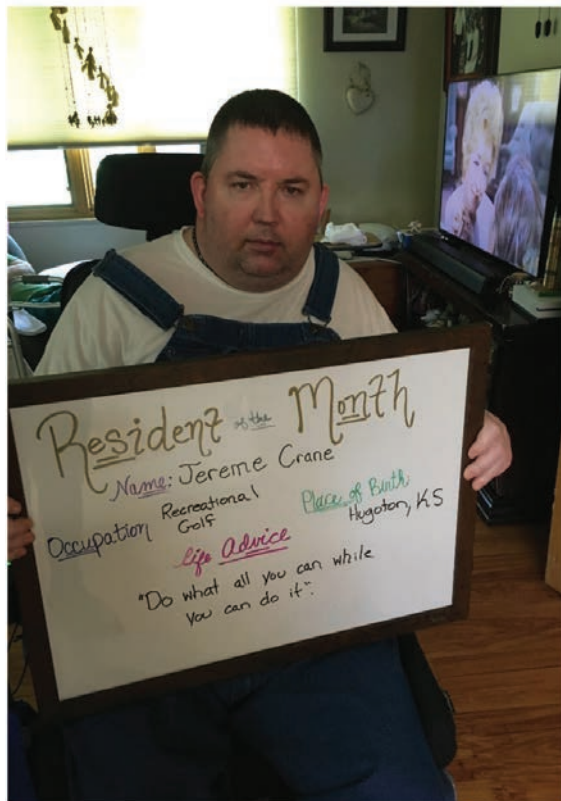
**MAINTENANCE
SUPERVISOR**
Josef Davis

**MEDICAL RECORDS
SUPERVISOR**
Julie Sleath

OFFICE MANAGER
Gwen Stephenson

**SOCIAL SERVICES
DIRECTOR**
Lacey Hodges

TRANSPORTATION
Stacey Huber



Jereme's interview was conducted in his room

OCTOBER BIRTHDAY PARTY

Happy Birthday to everyone whose birthday falls in October! We will be having a birthday celebration on Monday, October 18th, 2021 to celebrate!

RESIDENT OF THE MONTH

This month's resident of the month is Jereme Crane! Jereme is extremely active in all the programs here at North Shore. Some of his favorites include going on the Sculpture Park Walks, crafts, gardening, musical entertainment, exercise, and games. He stated that he really enjoys



photography, an activity he learned at North Shore! His mother is also a resident at North Shore, and they enjoy spending time together.

Jereme is from Hugoton, Kansas where he was very active in recreational golf. He has two children, Alexa and Sterling, and he is the youngest of five. Jereme's life advice is to "Do what all you can while you can do it". We are very grateful that Jereme is a part of North Shore's community!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>OCTOBER</h1>					1 World Smile Day -9:30am Fly Swatter Circle MV -10:30am Sculpture Park Walk (Weather Depending) -2:00pm Activity Planning Meeting CC or MV -2:30pm Ice Cream CC or R -6:00pm MV What Am I? Game and Discussion MV	2 -10:30am Morning Reading MV or CC -2:30pm Autumn Quiz MV -3:30pm Autumn Leaf Craft MV
3 -9:15am Sensory Group MV -10:30am Sunday Program CH -1:30pm Nail Salon MV or R -2:25pm Bronco Watching Party MV	4 [National Golf Lover's Day] -9:30am Movers and Shakers A -10:15am Bingo CC -2:00pm CC Golf! -6:00pm Movie Night CH	5 -9:30am Morning Muscle Exercise A or CC -10:30am Music with Paul CC -1:30-4:00pm Shrinky Dinks CC	6 -9:30-11:30am Nail Salon and Hand Massages CC -1:30-4:00pm Write Letters to Chaplin Rebecca CC -1:30-4:00pm Happy Hour CC -6:00pm CH or CC Poker/ Blackjack	7 [National Inner Beauty Day] -10:00am Catholic Communion CH -9:30-11:30am Hot Towel Hand Massages CC -1:30-4:00pm Trivia CC	8 [National Hero Day] -9:30-11:30am Donation Bags CC or CH -2:00pm Passport Creation CC or C -2:30pm Travelogue Denmark CC or C -3:15pm Apple Cider and Cookies CC -6:00 pm Game Night CH or CC	9 [National I Love Yarn Day] -10:30am Morning Reading Social CC -2:15pm Yarn Basket Weaving CC or MV
10 [National Cake Decorating Day] [World Mental Health Day] -10:30am Sunday Program CH -1:30pm Nail Salon MV or R -2:45pm Cake Decorating Social CC	11 -9:30am Pumpkin Ring Toss MV -10:30am Bingo CC -2:00pm Hot-Pumpkin Game MV -6:00 pm Movie Night! MV or A	12 -8:30am Sensory Group MV -9:30am Muscle Morning Exercise MV -10:30am Logic Puzzles MV -2:00pm Music with Rex FL or MV or CC	13 [National Train Your Brain Day] -9:30am Shuffleboard MV -10:15am Nail Salon MV -1:30pm Halloween/Autumn Hangman CC -2:30pm Happy Hour CC -6:00pm Trivia Night! MV	14 -8:30am Sensory Group MV -9:30am Muscle Morning Exercise MV -10:30am Hymn Sing with Rebecca MV -2:00pm Bingo CC	15 [I love Lucy Day] -9:30am Group Air Golf MV -10:00am I Love Lucy Marathon MV -October Lunch-In -2:00pm Harp Performance MV or CC -3:00pm Ice Cream CC -6:00 pm Dominoes MV	16 [National Dictionary Day] -10:30am Morning Reading CC or MV -2:15pm Canvas Bag Decoration MV -3:15pm Scrabble MV
17 -9:15am Sensory Group MV -10:30am Sunday Program CH -1:30pm Nail Salon MV or R -2:25pm Bronco Watching Party MV	18 -9:30am Pumpkin Ring Toss MV -10:30am Bingo CC -2:30pm October Birthday Party CC -6:00 pm Movie Night! MV or A	19 -8:30am Sensory Group MV -9:30 amMuscle Morning Exercise MV -10:30am Music with Mo CC or MV -2:00pm Resident Council MV or CC	20 -9:30am Shake and Shine MV -10:15am Nail Salon MV -1:30pm Cranium Crunches CC -2:30pm Happy Hour CC -6:00pm Poker/Blackjack MV	21 -8:30am Sensory Group MV -9:30am Muscle Morning Exercise MV -10:30am Hymn Sing with Rebecca MV -2:00pm Bingo CC	22 -9:30amPumpkin Chuck MV -10:30am Ghost Discussion Group MV -1:45pm- Men's Group MV -2:00pm Women's Group PV -3:00pm Apple Cider and Cookies CC -6:00 pm Scrabble MV	23 -10:30am Morning Reading CC or MV -2:15pm Shuffleboard MV -3:15pm The Write Word Game: October Edition MV
24 -9:15am Sensory Group MV -10:30am Sunday Program CH -1:30pm Nail Salon MV or R -2:30pm Halloween Jingo MV or CC	25 -9:30am Dunking for Apples Game MV -10:30am Bingo CC -1:30pm Spooky Halloween Poems MV -2:30pm History of Classic Monster Movies MV -6:00 pm Movie Night! MV or A	26 [National Pumpkin Day] -8:30am Sensory Group MV -9:30am Muscle Morning Exercise MV -10:30am Pumpkin Painting MV -1:30pm Pumpkin Painting Cont. MV -2:30pm Unexplained/Spooky Trivia MV	27 -9:30am Fly Swatter Circle MV -10:30am Nail Salon MV -1:30pm Halloween Carols CC -2:30pm Happy Hour CC -6:00pm Dem Bones Dice Game MV	28 -8:30am Sensory Group MV -9:30am Morning Muscle Workout MV -10:30am Hymn Sing with Rebecca MV -2:00pm Bingo CC	29 -9:30am Pumpkin Decorating MV -10:30am Music with Rick MV or CC -1:30pm Continue w/Pumpkin Decorating -2:30pm Halloween Party! MV or CC -6:00 pm Remembering Halloween Songs MV	30 [National Candy Corn Day] -10:30am Morning Reading CC or MV -2:15pm Candy Corn Ring-Toss MV -3:00pm Halloween Stories and Apple Social MV or CC
31 HALLOWEEN -9:15am Sensory Group MV -10:30am Sunday Program CH -1:30pm Nail Salon MV or R -2:25pm Bronco Watching Party MV	<div style="display: flex; justify-content: space-around;"> <div style="text-align: left;"> <p>MV= Mountianview Family Room CC= Courtyard Café CH= Chapel C= Courtyard</p> </div> <div style="text-align: left;"> <p>A= Outside Activities Office FL= Front Lobby R= Individual Rooms *Activities subject to change</p> </div> </div>					<h2>North Shore Health & Rehab Facility</h2>



WALK TO END ALZHEIMER'S

The "Walk to End Alzheimer's" will be held on **Saturday, October 9th, 2021** at Chapungu Sculpture Park at Centerra. If you would like to participate in the walk as part of North Shore's team, you can register on the Alzheimer's Association website, Alz.org, or scan the QR code below with your phone's camera. North Shore will be fundraising for the event, so watch out for more information!



ENJOY THE FRESH AIR

Studies show fresh air and sunlight have a great amount of benefit for the aging population. When the weather is nice and the autumn leaves are changing, North Shore encourages families and visitors to take your loved ones outside to enjoy the fresh air. You are welcome to enjoy the courtyard or walk around the Sculpture Park across the street. If you plan to leave the building with a resident, please use the Sign-out Binder found at the front desk prior to leaving. Please follow the Covid Precautions visitation guidelines. A friendly reminder to please make sure the resident has both foot pedals on their chair before pushing the wheelchair. Opening your windows when the weather permits is another way to enjoy fresh air!

WE WELCOME YOU BUT NOT THE FLU!

If you are experiencing any flu-like symptoms such as a sore throat, cough, fever, or muscle aches – please **DO NOT** come into the facility. We need your help to keep your loved ones healthy this flu season.

COVID UPDATE HOTLINE: 720-257-6179

If you have any questions about North Shore Health and Rehab's Covid status or visitation guidelines, please call 720-257-6179 for the most up-to-date information.

INDEPENDENT LEISURE

At any time, you may request independent leisure materials from the Activity Department at no charge. Some materials you may request are:

- Word puzzles
- Books
- Magazines
- Watercolor Supplies
- Coloring materials
- Music pages
- Jigsaw puzzles
- Knitting/Crocheting/Yarn
- Movies
- CD's/ Radios
- Cards (Birthday, Thank You, Get Well, Sympathy, etc.)
- TV and music channel guide
- Trivia
- Games
- Notepads
- Pens, Pencils, Markers
- Stuffed animals or baby dolls
- Newsletter Articles: