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BUILDING ADMINISTRATOR Palmer Withrow, NHA

DIRECTOR OF NURSING Charity Beaman, RN

OFFICE MANAGERKatie Hawk, BS

ACTIVITY
DIRECTOR
Brooke Worthen

SOCIAL SERVICES/ ADMISSIONS Stephanie Curtis

DIRECTOR OF
NUTRITION SERVICES
Tracy Rohrig, RD

MAINTENANCE SUPERVISOR Nate Carlo

HOUSEKEEPING SUPERVISOR Maira Gomez

EXECUTIVE CHEF Jason Prentiss



WHAT HAPPENED LAST MONTH?

What a way to send off the summer! We kicked the season off with our annual "Windsor Harvest Festival Parade" September 6th. We brought back some of our previous programs such as "Sing Hymns with Lynn" music therapy and art therapy. We played new and past games that we all missed. Dominos, Blackjack and Poker. Some new fun included Family Feud and Cooking Club. On our outings, we saw "Rick Blessing and the Trip Ziegler Quartet" performing a tribute to Frank Sinatra. We enjoyed going to Doug's Diner for breakfast, and shopping at Hobby Lobby and Walmart. As we welcome fall, October is going to be an exciting month.

WHAT'S GOING ON IN OCTOBER-

Let's kick off the month with happy hour Friday! Come down and join the fun Oct. 1st. There are lots of new and exciting opportunities to have some fun this month. Hand massages, Yahtzee, Clue, paint and sip, and more games.

Join some friends to watch the new Netflix series "Manifest" and explore world travels on the series "Travels with my father". We are going to have 2 opportunities to go out to a see some plays, "Geezers" and "Fantasticks".

Come down for the new cooking club with Executive Chef Jason and Activity Director Brooke. This month we are going to do some pickling on Oct. 12th, and make a scary deviled egg treat on Oct. 26th.

It's voting time. If you need assistance

with voting, see Brooke. There will be two major events happening this month.

Octoberfest on Oct. 16th

Join us for live polka music, dancing, treats and drinks. Maybe you will find a new beer you like.

Halloween Week (Oct. 24th to 29th)

We will be raising money to give to "Denver Children's Hospital". These little tikes aren't able to "Trick or Treat", so let's treat them! There will be games, prizes, and surprises all week long. If we can raise \$1000 or more, Palmer will wear a Hot Dog costume on Nov 5th. Check out the calendar for details. Questions about the week? Ask Brooke. Check your mail for special Halloween surprises this week

Ghost Scavenger Hunt

Monday, October 25th
Find 10 or more ghosts and win a prize.
Grab a player card for \$1.00 from Brooke.

Ghosting Gifts

October 25th from 11:00am - 3:00pm Make or pick up a special card and gift for your hallway family, \$5 each.

Haunted Bingo

Tuesday, October 26th at 2:00pm Watch out for ghostly steals (call Bingo and draw a card. If it's a spade... you must erase one number in your Bingo and keep playing.) Plus, door prizes.

Trick or Treat Hallways

Tuesday, October 26th from 11:00am - 4:00pm

See Brooke to sign up. Pass a scratch card treat to someone in your hallway, \$2.00 per card.





SHELLY'S BEAUTY BAR Tuesday-Friday, 9-3PM

To schedule an appointment with Shelly please call (970) 388-1144 or speak with a staff member. Her services are open to friends and family too, so spread the word!

SERVICES

Adult Haircut \$20

Kids Cut (under 12) \$15

Shampoo Set/Iron Curl/ Blowout \$20

Hair Color - Short \$45

Hair Color-Medium \$65

Hair Color-Long \$85

Perms \$50/\$65/\$85

(specialty wrap)

Manicure (water or hot oil) \$20

Polish Change \$7

Pedicure \$30

Toenail Trimming \$10

Nail Trimming \$5

Make Up Application \$20

Beard Trim \$5

Facial Hair Removal \$7

TP Your Friend's Door Sign-Up

Wednesday, October 27th from 11:00am -

Have your friend's door TP'd in good fun! \$2.00 a door. It's the "Trick" in Trick or Treat. Sign up in Brooke's office. The TP will happen on Friday.

Movie Matinee

Thursday, October 28th at 3:15pm Scary movie, 1980 "The Fog": an unearthly fog rolls into a small coastal town exactly 100 years after a ship mysteriously sank in ANNOUNCEMENTS its waters.

Bingo for Children

Thursday, October 28th at 2:00pm Split the pot for Denver Children's Hospital The pots has been stocked).

Open Treat Bucket

Friday, October 29th from 8:00am - 4:00pm Add donations to the pumpkin for Denver Children's Hospital.

Corn Hole Shot!

Friday, October 29th from 10am - 11:30am Each hole made gets a scratch ticket, \$2.00 to enter.

OTHER DAYS TO MENTION

- Oct 4th National Cinnamon Bun Day
- Oct 11th Columbus Day
- Oct 21st National Pumpkin Cheesecake Day
- Oct 26th National Pumpkin Day
- Oct 31st Halloween

OUTINGS AND SIGN UPS

Outing transportation is limited! Don't forget to sign up early for outings in the binder at the Information Station just outside of the activities room!

SIGN UPS ...

- 10 minute hand massages
- Massage therapy
- Halloween week fun (sign up in Brooke's office)

OUTINGS...

- Oct 7th: 8:15am, breakfast at First Watch Windsor
- Oct 10th: 1:00pm the play "Geezers", Costs \$20
- Oct 14th: 6:00pm Dress rehearsal for "Fantasticks" in Fort Collins
- Oct 20th: 1:00pm Pumpkin patch
- Oct 26th: Walmart
- Oct 28th: Scenic drive to Estes Park

Sunday Service with community volunteers is held on Sundays at 2:00pm, in the Assisted Living Dining Room followed by a Sunday Social at 2:30pm. When offered, communion is provided.

Clearview Library Book Checkout

The Clearview Library will be in the 2nd and 4th Thursday of this month. The books will be brought into the Activity Room. If you are interested in joining this service, please speak to Brooke Worthen your **Activities Director**

Massage Therapy and Foot Reflexology

Diane Thomas, our massage therapist, will be on site every Thursday of this month. Please see Brooke or Melanie if you would like to schedule a visit!

OCTOBER BIRTHDAY CELEBRATIONS

- Oct 7th Joie
- Oct 18th Betty
- Oct 23rd Evelyn

