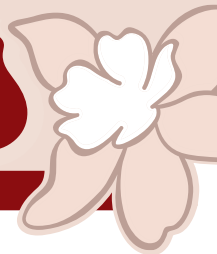




# Happenings

SEPTEMBER 2021



1475 Main Street  
Windsor, CO 80550  
**970-449-5540**

**BUILDING ADMINISTRATOR**  
Palmer Withrow, NHA

**DIRECTOR OF NURSING**  
Charity Beaman, RN

**OFFICE MANAGER**  
Katie Hawk, BS

**ACTIVITY DIRECTOR**  
Brooke Worthen

**SOCIAL SERVICES/ ADMISSIONS**  
Joanne Gray, BS

**DIRECTOR OF NUTRITION SERVICES**  
Tracy Rohrig, RD

**MAINTENANCE SUPERVISOR**  
Nate Carlo

**HOUSEKEEPING SUPERVISOR**  
Maira Gomez

**EXECUTIVE CHEF**  
Jason Prentiss



## WHAT HAPPENED LAST MONTH?

This past month was full of fun. Entertainers, each happy hour and lots of fun foods to celebrate special days, like National Chocolate Chip Cookie Day. We also had many outing options; dinner at Red lobster, lunch at DC Oaks, shopping at Walmart, and the concert in the park. Activities included exercise, bowling, art therapy, music therapy, and, of course, BINGO. Then, we added some reading and game times into the mix. Sometimes there were two activities going on at once. Happy hour has been especially fun lately, with sing a longs, dancing, and great food. Next month will bring more adventures as we go into the fall season.

## WHAT'S GOING ON IN SEPTEMBER-

We will have a chance to go to see "Rick Blessing and the Trip Ziegler Quartet." This outing will be a Sunday matinee right here in Windsor at the playhouse. They will be performing a tribute to Frank Sinatra. We have limited seats reserved. They cost 20 dollars each. Sign up sheets will be located at the side table next to the activities room. It's harvest festival time! We are going to see the Parade Sept 6th with reserved spots offered by "First Christian Church" located at 530 Walnut Street. A big thank you to them

## OTHER DAYS TO MENTION

- **Sept 2nd:**  
World Coconut Day
- **Sept 6th:**  
Labor Day
- **Sept 6th:**  
National Coffee Ice Cream Day
- **Sept 10th:**  
National Wiener Schnitzel Day
- **Sept 12th:**  
Grandparents Day
- **Sept 12th:**  
National Chocolate Milkshake Day
- **Sept 14th:**  
National Color Day
- **Sept 15th:**  
National Linguine Day
- **Sept 18th:**  
National Cheeseburger Day
- **Sept 22nd:**  
First Day of Autumn
- **Sept 24th:**  
National Cherries Jubilee
- **Sept 26th:**  
National Pancake Day



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# SEPTEMBER

## Columbine Commons Assisted Living

			<p><b>1 Chaplain On-Site</b>  <b>9:30am</b> Exercise (AR)  <b>10:00am</b> Bible Devotional w/Peter (AR)  <b>2:00pm</b> Games  <b>3:00pm</b> Trivia</p>	<p><b>2 World Coconut Day</b>  <b>Massage Therapist On-Site</b>  <b>9:30am</b> Exercise (AR)  <b>10:00am</b> Sing Hymns with Lynn  <b>10:15am</b> Wii-Bowling (AR)  <b>2:00pm</b> BINGO (DR)</p>	<p><b>3</b>  <b>9:30am</b> Exercise (AR)  <b>10:30am</b> Crossword  <b>2:30pm</b> Happy Hour (DR) Entertainment by Harris &amp; Harris  <b>3:30pm</b> Needle Work/Color Group (AR)</p>	<p><b>4 Happy Birthday Doris Nelson</b>  <b>9:30am</b> Exercise (AR)  <b>10:15am</b> Wii Bowling  <b>2:00pm</b> BINGO (DR)</p>
<p><b>5</b>  <b>9:30am</b> Exercise (AR)  <b>2:00pm</b> Worship Service (DR)  <b>2:45pm</b> Sunday Social (DR)</p>	<p><b>6 Labor Day</b>  <b>Happy Birthday, Janet L!</b>  <b>National Coffee</b>  <b>Ice Cream Day</b>  <b>7:45am</b> Harvest festival Prade  <b>9:30am</b> Exercise (AR)  <b>10:30am</b> Coffee &amp; Good News (AR)  <b>11:00am</b> Trivia (AR)  <b>2:00pm</b> Resident Council (DR)</p>	<p><b>7</b>  <b>9:30am</b> Exercise (AR)  <b>10:00am</b> Wii Bowling (AR)  <b>10:30am</b> Dominos (DR)  <b>2:00pm</b> BINGO (DR)</p>	<p><b>8 Chaplain On-Site</b>  <b>8:00am</b> Breakfast Outing Doug's Dinner  <b>9:30am</b> Exercise (AR)  <b>10:00am</b> Bible Devotional w/Peter(AR)  <b>3:00pm</b> Art Therapy</p>	<p><b>9 Massage Therapist On-Site</b>  <b>Library Stop</b>  <b>9:30am</b> Exercise (AR)  <b>10:15am</b> Wii-Bowling (AR)  <b>2:00pm</b> BINGO (DR)  <b>3:15 pm</b> Family Feud game</p>	<p><b>10 National Wiener Schnitzel Day</b>  <b>9:30am</b> Exercise (AR)  <b>10:15am</b> Jeopardy  <b>2:30pm</b> Happy Hour (DR) Entertainment by Cat on the Keys</p>	<p><b>11</b>  <b>9:30am</b> Exercise (AR)  <b>10:15am</b> Wii Bowling  <b>2:00pm</b> BINGO (DR)  <b>3:30pm</b> Saturday Matinee (AR)</p>
<p><b>12 Grandparent's Day</b>  <b>9:30am</b> Exercise (AR)  <b>1:00pm</b> Outing: Sinatra Night Club Style  <b>2:00pm</b> Worship Service (DR)  <b>2:45pm</b> Sunday Social (DR)</p>	<p><b>13 Dick &amp; Dottie's 70th Anniversary</b>  <b>9:30am</b> Exercise (AR)  <b>10:30am</b> Monday movie (AR)  <b>2:00pm</b> Residence Council (DR)  <b>3:00pm</b> Jeopardy</p>	<p><b>14 National Color Day</b>  <b>9:30am</b> Exercise (AR)  <b>10:15am</b> Wii-Bowling (AR)  <b>2:00pm</b> BINGO (DR)  <b>3:15</b> Needle Work / Color Group (AR)</p>	<p><b>15 Yom Kippur National Linguine day</b>  <b>Chaplain On-Site</b>  <b>9:30am</b> Exercise (AR)  <b>10:00am</b> Bible Devotional w/Peter (AR)  <b>11:00am</b> Dominos (AR)  <b>2:00pm</b> Cooking Club (AR)</p>	<p><b>16 Massage Therapist On-Site</b>  <b>9:30am</b> Exercise (AR)  <b>10:15am</b> Wii-Bowling (AR)  <b>1:00</b> Games (AR)  <b>2:00pm</b> BINGO (DR)</p>	<p><b>17</b>  <b>9:30am</b> Exercise (AR)  <b>10:30am</b> Blackjack (AR)  <b>2:00pm</b> Happy Hour (DR) Entertainment by Dave and Betsy</p>	<p><b>18 National Cheeseburger Day</b>  <b>9:30am</b> Exercise (AR)  <b>10:15am</b> Wii Bowling (AR)  <b>2:00pm</b> BINGO (DR)</p>
<p><b>19</b>  <b>9:30am</b> Exercise (AR)  <b>2:00pm</b> Worship Service (DR)  <b>2:45pm</b> Sunday Social (DR)</p>	<p><b>20</b>  <b>9:30am</b> Exercise (AR)  <b>10:30am</b> Coffee &amp; Good News (AR)  <b>2:00pm</b> Cooking club</p>	<p><b>21 Happy Birthday, Virginia S!</b>  <b>9:30am</b> Exercise (AR)  <b>10:15am</b> Wii-Bowling (AR)  <b>2:00pm</b> BINGO (DR)  <b>3:30pm</b> Games</p>	<p><b>22 First Day of Autumn</b>  <b>Chaplain On-Site</b>  <b>9:30am</b> Exercise (AR)  <b>10:00am</b> Bible Devotional w/Peter (AR)  <b>11:00am</b> Wordsearch  <b>3:00pm</b> Art Therapy</p>	<p><b>23 Massage Therapist On-Site</b>  <b>Library stop</b>  <b>9:30am</b> Exercise (AR)  <b>10:15am</b> Wii-Bowling (AR)  <b>1:30pm</b> Outing Hobby Lobby (BINGO TOMMROW MORNING)  <b>2:00pm</b> poker (AR)</p>	<p><b>24 National Cherries Jubilee Day</b>  <b>9:30am</b> Exercise (AR)  <b>10:00am</b> BINGO (DR)  <b>2:30pm</b> Happy Hour (DR)</p>	<p><b>25</b>  <b>9:30am</b> Exercise (AR)  <b>10:15am</b> Dominos (AR)  <b>2:00pm</b> BINGO (DR)</p>
<p><b>26 National Pancake Day</b>  <b>9:30am</b> Exercise (AR)  <b>2:00pm</b> Worship Service (DR)  <b>2:45pm</b> Sunday Social (DR)</p>	<p><b>27</b>  <b>9:30am</b> Exercise (AR)  <b>10:00am</b> Food Discussion Meeting  <b>11:00am</b> Poker (AR)  <b>2:30pm</b> Sept. Birthday Party (DR)</p>	<p><b>28</b>  <b>8:30am</b> Outing Target  <b>10:15am</b> Wii Bowling (AR)  <b>1:00pm</b> Games (AR)  <b>2:00pm</b> BINGO (DR)</p>	<p><b>29 Chaplain On-Site</b>  <b>9:30am</b> Exercise (AR)  <b>10:00am</b> Bible Devotional w/Peter (AR)  <b>11:00am</b> Trivia  <b>2:00pm</b> Needle Work/Color Group(AR)</p>	<p><b>30 Massage Therapist On-Site</b>  <b>9:30am</b> Exercise (AR)  <b>10:15am</b> Wii-Bowling (AR)  <b>11:00am</b> Outing Scenic Drive &amp; Picnic Lunch  <b>2:00pm</b> Bingo (DR)</p>		



**SHELLY'S BEAUTY BAR**  
Tuesday-Friday, 9-3PM

To schedule an appointment with Shelly please call (970) 388-1144 or speak with a staff member. Her services are open to friends and family too, so spread the word!

**SERVICES**

- Adult Haircut \$20
- Kids Cut (under 12) \$15
- Shampoo Set/Iron Curl/Blowout \$20
- Hair Color -Short \$45
- Hair Color-Medium \$65
- Hair Color-Long \$85
- Perms \$50/\$65/\$85 (specialty wrap)
- Manicure (water or hot oil) \$20
- Polish Change \$7
- Pedicure \$30
- Toenail Trimming \$10
- Nail Trimming \$5
- Make Up Application \$20
- Beard Trim \$5
- Facial Hair Removal \$7

**OUTINGS**

Outing transportation is limited! Don't forget to sign up early for outings in the binder at the Information Station!

- **Sept 6th:**  
Harvest festival Prade at 7:45am
- **Sept 8th:**  
Breakfast at "Doug's Diner"  
Windsor at 8:00am
- **Sept 12th:**  
"Sinatra ... Night club Style"  
Windsor Playhouse at 1:00pm
- **Sept 23rd:**  
Hobby Lobby at 1:30pm
- **Sept 28th:**  
Target at 8:30am
- **Sept 30th:**  
Scenic Drive & Lunch Picnic 11:00am

**ANNOUNCEMENTS**

**Sunday Service**

Sunday Service with community volunteers is held on Sundays at 2:00pm in the Assisted Living Dining Room followed by a Sunday Social at 2:45pm. When offered, communion is provided.

**Clearview Library Book Checkout**

The Clearview Library will be in the 2nd and 4th Thursday of each month. The books will be brought into the Activity Room. If you are interested in joining this service, please speak to Brooke Worthen, Activity Director.

**Massage Therapy and Foot Reflexology**

Diane Thomas, our massage therapist, will be on site every Thursday of this month. Please see Brooke or Melanie if you would like to schedule a visit!

**SEPTEMBER BIRTHDAY CELEBRATIONS**

We will celebrate this month's birthdays on September 28th.

- Doris N. - Sept 4th
- Janet L. - Sept 6th
- Virginia S. - Sept 21st

