



The Windsor

Happenings

MAY 2021



1385 Main Street
Windsor, CO

970-460-5005

MEET OUR DEPARTMENT HEADS

MANAGER

Lindsey Miller

ACTIVITIES DIRECTOR

Lexie Rogers

CHEF

Glenn Stoll

HOUSEKEEPING SUPERVISOR

Julie Williamson

MAINTENANCE SUPERVISOR

Jeff Thomas

OFFICE MANAGER

Melissa Dalton



Left: Cecelia dying Easter eggs, Right: Rae & Margaret dying Easter Eggs.

WELCOME TO THE WINDSOR

We are happy you are part of The Windsor Family! We want you to be as comfortable as possible. Please let the staff know if you need any information or additional assistance.

INFORMATION FOR MAY

Facetime, Zoom or Skype

We have tablets available at the front desk that can be used for video chatting with loved ones while we are limiting visitors. Please call or see the Front Desk to use a tablet or for assistance with getting in touch with a loved one.

Masks Available at Corner Store

A two pack of masks will be available in the Corner Store for 25c. These are surgical masks which may be worn a few times before being disposed of.

Social Distancing

Social distancing means keeping a physical distance between yourself and others. The CDC is recommending a distance of at least 6 feet to prevent the spread of germs. Please try to maintain this distance at all times in a community space to help prevent the spread of the illness. Thank you for helping to keep our community healthy and safe. If you have any questions, please see Lindsey Miller.





The Salon at The Windsor

Shear Hospitality is open Thursdays from 9:00am to 1:00pm

To Schedule an appointment with Kimberly please call (970)-222-3602

Please allow 48 hours to hear back.

Walk-ins are welcome!

SERVICES

Women's Haircut- \$20

Men's Haircut- \$12

Color Service-\$35

Color Retouch-\$25

Full Highlight- \$75

Partial Highlight- \$55
Perm- \$45

Partial Perm- \$30

Shampoo/Set- \$20

Waxing- \$5, \$8, \$10

Online Shopping- Thursday Afternoons 4PM to 5PM

Staff members will be available to help residents place grocery orders online on Thursday afternoons. Please come with your list and a debit or credit card to place the order. Delivery fees may apply.

Family members are allowed to bring groceries for residents. Thank you.

NEW FOR MAY!

Travel Club: Greece with Greek Easter Celebration- Monday, May 3rd 3PM (AR)

Go on an adventure to the mountainous country of Greece. Learn about its most famous sites in Athens and beyond. We will have baklava, ouzo and other Greek cuisine to celebrate Orthodox Easter afterwards.

Cinco De Mayo Celebration- Wednesday, May 5th 1PM (DR)

Cinco De Mayo commemorates the date of the Mexican army's victory over France at the Battle of Puebla in 1862. Come and enjoy margaritas and nachos in the dining room, before moving to the Activity Room to hit the piñata!

Name That Tune with Bri! - Friday, May 7th 11AM (AR)

Come and get groovy while you test your musical knowledge! This game will feature songs from the 1940's through the 1980's. We will listen to part of the song and guess the title, singer, and decade that it is from.

Mother's Day Tea- Friday, May 7th 2PM (DR)

Join us in celebrating the mothers in our lives with a Mother's Day Tea. We will have small finger sandwiches, tasty treats and different kinds of tea. Wear what makes you feel comfortable. All are welcome.

Columbine Commemoration Event- Thursday, May 13th 11:30AM (AR)

Our namesake, the columbine flower, means "Fortitude: Courage in the face of adversity." To honor and respect the challenging year we have experienced, we will return to our namesake, The Columbine, to symbolize the fortitude we have experience within ourselves and others. Please join us for a "Columbine Commemoration" on Thursday, May 13, as we plant a columbine flower, together honor this past year through a moment of silence and express our thanks for those whose fortitude shined through this year.

Windsor 2 Year Celebration- Friday, May 14th 2PM (DR)

It has been 2 years since The Windsor first opened its doors! We will have an ice cream sundae bar with many different toppings to choose from. There will be a photo collage of memories from our years here at The Windsor, as well as a photo booth to capture new memories. Don't miss this event!

Gardening Club- May 26 at 11AM (DR)

If you have a green thumb and a passion for helping things to grow, this is the group for you! Gardening Club will be meeting to plant our plants in the raised flower beds located on the Dining Room patio. Please see Lexie Rogers if you are interested in helping to care for these plants.


Wine Tasting: Moscatos (DR) May 26th at 1PM *please sign up at the Function Junction

Each month we'll select a different style of wine and try a few different varieties to hone our palates. We will evaluate the wine, learn about its growing regions, and how to describe the taste. This month, we'll try a sampling of different moscatos, a sweeter wine.

MAY

THE WINDSOR

1 Kentucky Derby
2PM Movie: Grand Daddy Daycare (AR)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------|--|---|--|---|---|---|
| 2 | 3 10AM Exercise with Diane! (AR) 11AM Storytelling- Funny Stories (AR) 1PM Giant Crossword w/Lindsey (AR) 3PM Travel Club- Greece with a Greek Easter Celebration! (AR) | 4 10AM Walking Club (L) 11AM Stuff You Missed in History Class: Hedy Lamarr (AR) 1PM Documentary Series: 72 Cutest Animals (AR) 3PM Quarter Bingo (DR) 6:30 Golf the Card Game (GR) | 5 Cinco De Mayo 9:30AM Audiologist Visit (PDR) 10AM Coffee Klatch (DR) 1PM Cinco De Mayo Celebration (AR) 3:30PM Wisdom Study with Peter (AR) 6:30PM TV Series: Anne with an E (AR) | 6 10AM Morning Exercise (AR) 11AM TED Talks: Allow things to unfold and you will find your purpose Peggy Oki (AR) 2PM Wii Bowling (AR) 6:30PM Dominoes (GR) | 7 National Space Day 10AM CCALM Session (AR) 11AM Name That Tune with Bri! (AR) 1PM Ray Anthony Music (DR) 2PM Mother's Day Tea (DR) 6:30PM Movie: Set It Up (AR) | 8 2PM Movie: Feel the Beat (AR) |
| 9 Mother's Day | 10 10AM Exercise with Diane! (AR) 11AM Storytelling- Mothers (AR) 1PM Giant Crossword w/Lindsey (AR) 3PM Mysteries of the World- Puma Punku and Paracas Skulls (AR) | 11 10AM Walking Club (L) 11AM Stuff You Missed in History Class- How Tulip Mania Worked (AR) 1PM Documentary Series: 72 Cutest Animals (AR) 3PM Quarter Bingo (DR) 6:30PM Golf the Card Game (GR) | 12 10AM Coffee Klatch (DR) 11AM Flower Arranging (AR) 1PM Good News (AR) 3:30PM Wisdom Study with Peter (AR) 6:30PM TV Series: Anne with an E (AR) | 13 Commemoration Day 10AM Morning Exercise (AR) 11:30AM Columbine Commemoration (AR) 2PM Library Drop Off (L) 2PM Wii Bowling (AR) 6:30PM Dominoes (GR) | 14 10AM CCALM Session (AR) 11AM Hangman (AR) 2PM Windsor 2 year Celebration! 6:30PM Movie: Hunt for the Wilder People (AR) | 15 2PM Movie: Love Guaranteed (AR) |
| 16 | 17 10AM Exercise with Diane! (AR) 11AM Storytelling- Show and Tell(AR) 1PM Giant Crossword w/Lindsey (AR) 3PM Mysteries of the World- Stonehenge (AR) | 18 10AM Walking Club (L) 11AM Stuff You Missed in History Class- Alan Turing, Codebreaker (AR) 1PM Documentary Series: 72 Cutest Animals (AR) 3PM Quarter Bingo (DR) 6:30PM Golf the Card Game (GR) | 19 10AM Coffee Klatch (DR) 11AM Walk in the Wild: Prairie Dogs (AR) 1PM Getting Crafty: Stamped Bowls (AR) 3:30PM Wisdom Study with Peter (AR) 6:30PM TV Series: Anne with an E (AR) | 20 10AM Morning Exercise (AR) 11AM TED Talks: Dementia is preventable through lifestyle. Start now. Max Lugavere (AR) 2PM Wii Bowling (AR) 6:30PM Dominoes (GR) | 21 10AM CCALM Session (AR) 11AM Chronology (AR) 1PM Super Bingo! (AR) 6:30PM Movie: A Thousand Words (AR) | 22 2PM Movie: The Last Laugh (AR) |
| 23 Pentecost | 24 10AM Exercise with Diane! (AR) 11AM Storytelling- Questions (AR) 1PM Giant Crossword w/Lindsey (AR) 3PM Mysteries of the World- Oak Island (AR) | 25 National Wine Day 10AM Walking Club (L) 11AM Stuff You Missed in History Class Allan Pinkerton (AR) 1PM Documentary Series: 72 Cutest Animals (AR) 3PM Quarter Bingo (DR) 6:30PM Golf the Card Game (GR) | 26 10AM Coffee Klatch (DR) 11AM Gardening Club: Planting Day! (DR) 1PM Wine Tasting: Moscatos (AR) 3:30PM Wisdom Study with Peter (AR) 6:30PM- TV Series: Anne with an E (AR) | 27 10AM Morning Exercise (AR) 11AM TED Talks: Why Sitting Down Destroys You Roger Frampton (AR) 2PM Library Drop Off (L) 2PM Wii Bowling (AR) 6:30PM Dominoes (GaR) | 28 10AM CCALM Session (AR) 11AM Hangman (AR) 1PM Social Hour (DR) 6:30PM Movie: The Indian in the Cupboard (AR) | 29 2PM Movie: The Pursuit of Happyness (AR) |
| 30 Indianapolis 500 | 31 Memorial Day 10AM- Exercise with Diane! (AR) 11AM- Storytelling: Memorial Day (AR) |  <p>All activities are subject to change.</p> | | | | |

Walk in the Wild- Wednesday, May 19th at 11AM

Topic: Prairie Dogs

Come learn about a selected animal with each group. We will talk about their behaviors, natural habitats, and what makes them unique. There will be videos to showcase the individual calls and movements of each creature. This month we'll discuss prairie dogs, the adorable burrowing rodents.

*Please note: No walking is required in this group once you arrive.

ACTIVITIES

Walking Club- Tuesdays (L)

Walking Club will be resuming, weather permitting! We meet in the lobby to go for a short walk in the neighborhood or in town. Pedometers are available to help count steps for walking logs.

Stuff You Missed in History Class- Tuesdays at 11AM (AR)

Tracy V. Wilson and Holly Frey are the hosts of this excellent podcast. The podcast digs into topics that haven't gotten enough attention in the world of history – whether they're weird, wonderful, scary or sad. The episodes vary in length from 20 minutes to 40 minutes. This month, we'll listen to Hedy Lamarr, How Tulip Mania Worked, Alan Turing, and Allan Pinkerton.

Scenic Drives – Friday, May 21st at 10AM (please sign up at Function Junction)

Get out of the building and go on an adventure! From Horsetooth Reservoir, Boyd Lake or up the Thompson Canyon, our transportation team will take you somewhere incredible. Please sign up for scenic drives in the binder at the Function Junction. These will not appear on the weekly activity schedules. Outing transportation is very limited. If you need to cancel, please give as much notice as

possible. Thank you!

**Quarter Bingo- Tuesdays at 3PM (DR)
Super Bingo- Friday, May 21st at 1PM (DR)**

Come and enjoy rounds of bingo with your friends and neighbors. We will play a regular round, a few specialty rounds like four corners or picture frame, and finally end with a blackout round. Each round costs a quarter to play. Quarters will be available as needed.

Super bingo is two quarters instead of one. Double your fun- and your quarter fund- at Super bingo!

Mysteries of the World Mondays at 3PM

Explore the most unusual and unexplained events in history, archeology, and science. From the Bermuda Triangle to what happened to D.B. Cooper and beyond, each week we will discuss and ponder a different topic. This group may not provide answers, but questions and theories are encouraged!

May 10- Puma Punku and Paracas Skulls

May 17- Stonehenge

May 24- Oak Island

USUAL SUSPECTS:

Audiologist Visit

On Wednesday, May 5th at 9:30AM in the Private Dining Room, Jacki Reider AuD of the Hearing Rehab Center will be providing a hearing care clinic. Complimentary services include hearing aid checks, cleanings and wax removal. Appointments are on a first come first serve basis. Please sign up in the activity binder located at the Function Junction. Jacki will return again on Wednesday, June 2nd at 9:30AM.



MEAL TIMES

Breakfast –

Approx. 8:00am

Dinner –

Approx. 5:00pm



Foot and Toenail Clinic at The Windsor- Monday, May 12th -please sign up at Function Junction (PDR) Merrie D'Urbano, RN, will be coming to provide a 30 minute podiatry appointment for \$35. She will provide a foot and skin assessment with a soothing foot soak in warm soapy water. Nail trimming, cuticle care, callus buffing, corn and fungus reduction and a relaxing foot massage are all provided. Nail polish will not be applied. Please sign up at the Function Junction.

Beverly and Gladys touring Columbine Commons Lakes



MEALS AT THE WINDSOR

Breakfast

The Dining Room will be open for breakfast service Monday through Friday. Seating is limited to capacity guidelines set by the county health department. Please make reservations for breakfast by phone or in-person at the Front Desk the day or evening prior. Room service delivery to your apartment is also available. Dining Room Breakfast Service 8:30am - 9:30am, Room service Delivery, approximately 8:00am.

Dinner

The Dining Room will be open for dinner service every evening. Seating is limited to capacity guidelines set by the county health department. Please make same-day reservations by phone or in-person at the front desk. Room Service delivery to your apartment is also available. Let the front desk know by 3:00pm if you plan to have dinner delivered to your apartment.

Dining Room Dinner Service 5:15pm - 6:30pm
Room Service Delivery - approximately 5:00pm.

Frances and her spring wreath.



TRANSPORTATION SERVICES

TRANSPORTATION SERVICES ARE STILL AVAILABLE.

All transportation requests can be made seven days a week at the front desk. 48 hours notice is required to book transportation. This is the best way for us to ensure that your requests are being handled appropriately and helps us to minimize errors in the system. Thank you for helping us to serve you more effectively!