



New Years

*New Year's Day
Is a door into time*

*That opens for all things new
And closes for all things old*

*It is said that January
Is named after the Roman god Janus*

*Who, having two faces,
Was able to look
To the future and the past
At the same time*

*When I consider this
It seems as if we humans
Must be a bit like Janus*

*Because we also have the capability
To look to the past and future
With this being said,*

*I think we will all agree
That we wish 2020 farewell
Never to come again*

*What a year we've been through:
Record-breaking heat day upon day
Drought that parched our fields
Never-ending hurricanes with great ferocity
Fires that ravaged our lands
Civil unrest leaving our cities in turmoil*

*A divisive election
And
The coronavirus pandemic that spread death,
Suffering, civil disobedience and distrust
Of our governmental and medical leadership
Throughout our land*

*As best we know
It will be months before
This scourge leaves our lives
As we strive to find "normal" again.*

*So, with all of this being said,
Let's all agree to put 2020 behind us
And go forward into the coming year*

*With a renewed dedication
To care for our mother earth
And to bind the wounds
Of those in our lives and our world.*

Dick Wood, 12/16/2020



Westwood Patio Homes AROUND THE CIRCLE NEWSLETTER

970-460-5005

JANUARY 2021

Activities

Coffee Group at the Pavilion

Tuesdays at 11:00AM

Bring your coffee or tea and join a small group of Westwood Patio Home tenants for coffee and conversation at the Pavilion. Masks required. (Weather permitting)

Social Hour at the Pavilion

Thursdays at 2:00PM

Join the Westwood Patio Home tenants for a social with wine, beer and friendly conversation at the Pavilion. Please bring beverages to share, bring your own, or contribute one dollar. All are welcome! Masks required. (Weather permitting)

Group Exercise at the Pavilion

Mondays, Wednesdays and Fridays at 11:00AM

Get your bodies moving with your neighbors in this tenant-led exercise group! Strengthen, stretch and balance with a mix of seated and standing exercises. Masks required. (Weather permitting)

January Holidays & Dates

- January 1st – New Year's Day – Happy New Year!
- January 18th – Martin Luther King Day
- January 20th – Inauguration Day

Welcome our new tenants!

Bob & Camille McNeil will be moving in early January. Welcome Bob & Camille!

Tenant Showcase

New Years poem written by Dick Wood

Thank you for sharing, Dick!
(Located on the back page)

Janet Jordan's Department 56 Collectors Christmas Village

Janet Jordan started her Department 56 Christmas Village collection in 1992. Her collection has now grown to 55 houses, all of which are retired pieces. Janet and her late husband, Bud, purchased village houses all over the country throughout her travels, in flea markets

and antique stores alike. Janet and Bud constructed a 7-tier wooden Christmas tree standing over 8 feet tall to display her village. It even features a Department 56 original Bachmann model train system. It is a true Christmas work of art! Thank you for sharing, Janet!

If you are interested in sharing a short story, poem, recipe, etc. in a future newsletter, please contact Lindsey.





Around The World To Bring Good Luck!

1. Fill the cupboards and pantry – It's considered back luck to start the new year with bare cupboards.
2. Eat 12 grapes at midnight – A superstition originating in Spain, eat a grape for each month to bring good luck in the year ahead.
3. Kiss at Midnight – Kissing someone you love at midnight is thought to continue sentiments of love for the next year.
4. Put cash in your wallet – Enter the year with a feeling of financial prosperity.
5. Don't clean the house – This includes dishes and laundry!
6. Open the doors at midnight – Let the old year out and the new year in
7. Don't cry – Crying on New Years Day is thought to bring a year of sadness.
8. Eat collard greens and black eyed peas – This Southern tradition is thought to bring good luck and prosperity.
9. Carry an empty suitcase – In Colombia, carrying an empty suitcase is seen to bring a year of adventure!
10. Eat herring – In Germany and Scotland, eating pickled or fresh herring at midnight is good luck.

11. Skip eating lobster – In multiple cultures, eating lobster before midnight is bad luck because they move backwards, therefore setting you up for a year of setbacks.
12. Skip the chicken – Similarly to lobster, eating chicken is thought to bring bad luck. Because chickens have wings, all your luck could fly away!
13. Make some noise – Did you know the tradition of using noise makers at midnight originated from a superstition that making loud noise would scare away evil spirits and omens?
14. Were you born on New Years Day? – This superstition says you'll automatically be lucky throughout your entire life!

Monthly Mindfulness Challenge

Mindfulness involves being focused on the present moment and not worrying about the past or future. Mindfulness has been shown to be effective at helping regulate emotions, manage stress, and live happier and healthier lives. Try to incorporate this mindfulness practice this month! The mindfulness practices listed below are from "Tiny Buddha's 365 Tiny Love Challenges" by Lori Deschene, 2015.



- Do something to make your life easier. Ask someone for help with something, cancel something you don't absolutely have to do, or decide to let something go instead of dwelling on it. Thank someone in your life for an intangible gift they have given you. For example, their time, attention, understanding, or support.

Trash & Recycling Schedule

Thursday January 7th Trash only

Thursday January 14th Trash & Recycling

Thursday January 21st Trash only

Thursday January 28th Trash & Recycling

Contact Lindsey if you need a 2021 Trash & Recycling Calendar.

Westwood Email Group

Interested in staying connected with your neighbors via email? Join the Westwood Tenant Email Group to share pictures, stories, thoughts and questions! Contact Lindsey for more information or to be added to the group.

The Salon at The Windsor

Shear Hospitality is not taking appointments at this time out of precaution due to the rise of COVID-19 cases in Weld County. Management will update you as soon as appointments can be resumed.

Maintenance

Regular business hours are Monday – Friday 7:00am-3:30pm. Maintenance is available on-call for emergent needs on weekends and after hours. Some examples of a maintenance emergency include: Air conditioning or heat not working, no hot water, water leaks or flooding, and egress related issues. Note: If your smoke detector is alarming and saying "fire" or "carbon monoxide", please contact 911, do not contact the front desk.

Maintenance can assist with hanging personal items as time allows and will provide basic hardware. Any hardware beyond what we consider basic (shelves, nuts, bolts, hangers, TV mount, etc.) for personal use should be supplied by the tenant. Grab bars are supplied and installed free of charge. Please do not put nails in any of the doors, woodwork or cupboards. You may find which hooks are acceptable by checking with maintenance first. Maintenance is not allowed to work on personal appliances, move furniture, flip mattresses, or work on automobiles or electric scooters. **For a maintenance request, call The Windsor front desk at (970) 460-5005.**

COVID-19

Westwood Patio Homes is dedicated to preventing the spread of the novel coronavirus (COVID-19) The primary source of information for prevention and management is found on the Centers for Disease Control and Colorado Department of Public Health and Environment websites. Please note we encourage wearing masks and maintaining social distancing of at least 6 feet in a community space to help prevent the spread of the illness. Wear your mask securely over your nose and mouth when in a community space. Social distancing means keeping a physical distance between yourself and others. The CDC recommends a distance of at least 6 feet to prevent the spread of germs. Thank you for helping to keep our community healthy and safe.

