



BEAUTY SHOP

HAIRCUTS CAN BE SCHEDULED THROUGH YOUR SOCIAL WORKER

Early in the morning, Grandpa sat at a make-shift desk with his money bag. He handed out cash for furs that sold for more than he had paid when he had taken the furs on the previous trip. If he paid \$5 for a fox hide and sold it for \$6 in Wichita, the hunter got \$1. A buffalo hide in good condition would bring in \$500. All members of the hunting party split the money.

The family was always busy unloading the wagon. They found ordered items and purchased new inventory. Women favored cast iron pots with lids that cooked in the fire. Other cooking items were obtained by order only, and fabrics were often sold 'by the bolt'. It was cotton and sold uncut-- the whole nine yards in one big piece. Family photos often show everyone wearing clothes of the same pattern; shirts, dresses, baby clothes, blankets, that were all of the same design. This is the origin of the old saying "the whole nine yards", meaning "all of it".

In addition to fabric, women liked needles, thread, beads, and other silver or gold items to decorate clothes. Men favored guns, ammunition, and knives. Children's toys were homemade, as toys were rarely in shipments.

The second day brought Cherokees with items to trade. Women brought buffalo, deer, and antelope jerky. Tobacco ropes were made of dried leaves and braided, usually 12" to 18" long. Grandma called them "dirty ropes".



Gabby: Activities Staff Member

Activities Special Events & Reminders

Vaccine Distribution – Wednesday, January 6th & Thursday, January 7th 9:30 AM – 11:00 AM

Resident Council – Monday, January 11th 10:30 AM

Rubber Ducky Races – Wednesday, January 20th 2:30 PM

Soup Tasting Night – Wednesday, January 27th 4:30 PM

Thank you to all the residents who helped with the Holiday Bazaar! We made over \$350!

Beadwork was occasionally brought by widows for trade. Grandpa was generous because he knew they had no other income, and a beautiful beadwork piece could bring in several hundred dollars. Men brought pelts, buffalo hides, and dried buffalo skulls. The skulls were mounted on wood and used as wall decorations.

The rest of the trip was spent socializing while the kids played. Grandma, Aunt Edith, and Aunt Ethel tried their hand at beadwork...their efforts were not impressive, but both had some lovely pieces to be given as gifts. Emmett and Lee played with the other boys. One time, they were invited to go on a buffalo hunt. Lee rode a big, old Belgian draft horse named Prince. One of the buffalo didn't like Prince! He charged and hit Prince dead center on the chest. The buffalo staggered a bit, went down on its knees, and sat for 15 minutes shaking its head. It finally got up and wobbled away. Prince was strutting around like a world champ!

Grandpa would trade for anything. Once, a young boy brought a dozen rattlesnake rattles. Grandpa gave him a dollar, and the boy left with a pocket full of candy. An Eastern buyer went wild over the rattles and ordered 100 more every shipment. He made them into souvenirs and jewelry. Because of the larger order, the price went up. There are a lot of snakes in OK now!

Grandma's family painted a colorful picture of these family adventures, and I'm so glad I paid attention!

Centre Avenue Health & Rehab Facility Happenings

JANUARY 2021

815 Centre Avenue
Fort Collins, CO
970-494-2140

ADMINISTRATOR
Blake Sims

DIRECTOR
OF NURSING
Jessica Knight

OFFICE MANAGER
Nikki Brosh

ACTIVITY DIRECTOR
Shelby Bulfer

SOCIAL SERVICES
DIRECTOR
Michelle Burleson

ADMISSIONS
DIRECTOR
Meloney West

BUSINESS OFFICE
COORDINATOR
Lacey Gordiyenko

REGISTERED
DIETICIAN
Heather Brossart

ENVIRONMENTAL
SERVICES
Robin Kelly

MAINTENANCE
SUPERVISOR
Cody Brandner

RESIDENT COUNCIL
PRESIDENT
Elaine Turner





Grandpa's Trading Post

By Elaine Turner

Between 1895 and 1915, my Great-Great Grandpa operated a trading post in Wachovia, Nowata County, Oklahoma territory in the Cherokee nation. The store was their home. It was a log cabin with dirt floors, a sleeping loft, and a corral that held horses. All the people in this photo are family. I can identify about a dozen. The ones involved in this story are in the second row, right side: Great Grandpa Enoch, Great Grandma Anna in white, Grandma Ila is the child on her lap, Great-Great Grandma Caroline, and the man with the white beard is Great-Great Grandpa William. Here is the story about his store.

For the rest of this story, Great-Great Grandpa will be called "Grandpa."

From 1895 to 1907, the family lived in Oklahoma and had regular sales. Things purchased from Cherokees were taken to Wichita and sold to eastern buyers. Items ended up on the East Coast or in Europe. In 1907 everyone packed up the wagons and moved to Long Island, Phillips County, Kansas on the Nebraska border. Grandpa's parents lived there. The family continued running the store. Before trips, postcards were sent out to announce the intended arrival date. The whole family went, and Grandpa, Enoch, Lee, and Emmett drove the wagons. One wagon was full of merchandise, and the second was for family comfort. The "outdoor prairie motel" provided sleeping accommodations for the men, while the scaredy-cat girls slept in the second wagon. Cherokee warriors met the wagons at the border to protect and give the family a safe trip to the store. The wagons arrived at a pop-up city made of teepees surrounding the house. A feast greeted the tired travelers. The journey had taken several days.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>JANUARY</h1>					1 New Year's Day 9:30 AM Exercise 10:00 AM Inspirational Readings & Short Stories 1:30 PM Matinee Movie	2 9:30 AM Exercise 10:30 AM Bingo 2:00 PM 1st Floor Book Cart 2:30 PM 1st Floor Saturday Sweets
3 9:30 AM Exercise 10:00 AM Sunday Service 2:00 PM Afternoon Music 2:30 PM Bible Readings	4 9:30 AM Exercise 10:00 AM 1st Floor Relaxation 10:30 AM Manicures 2:00 PM 2nd Floor Book Cart 3:00 PM Happy Hour	5 9:00 AM Men's Coffee 9:30 AM Exercise 10:30 AM Bingo 1:30 PM 1st Floor 1:1's 3:00 PM Music with Gabby	6 Vaccine Day - Activity Room 9:30 AM Hallway - Giant Beech Ball 10:30 AM Hallway Conversation Groups 2:30 PM 1st Floor Bingo 2:30 PM Card Games	7 Vaccine Day - Activity Room 9:00 AM Men's Coffee 9:30 AM Hallway Exercise Games 10:30 AM Creative Arts - Dining Room 2:00 PM 1st Floor Creative Arts 6:00 PM Brain Games & Trivia - 1st & 2nd Floor	8 9:30 AM Exercise 10:00 AM Inspirational Readings & Short Stories 1:30 PM Matinee Movie 2:00 PM 1st Floor Book Cart	9 9:30 AM Exercise 10:30 AM Bingo 2:30 PM 1st Floor Saturday Sweets
10 9:30 AM Exercise 10:00 AM Sunday Service 2:00 PM Afternoon Music 2:30 PM Bible Readings	11 Resident Council 9:30 AM Exercise 10:00 AM 1st Floor Relaxation 10:30 AM Resident Council 2:00 PM 2nd Floor Book Cart 3:00 PM Happy Hour	12 9:00 AM Men's Coffee 9:30 AM Exercise 10:30 AM Bingo 1:30 PM 1st Floor 1:1's 3:00 PM Music with Gabby	13 9:30 AM Exercise - Giant Beech Ball 10:30 AM Real Talk with Catherine 1:30 PM 1st Floor Bingo 2:30 PM Connect 4	14 9:00 AM Men's Coffee 9:30 AM Exercise 10:30 AM Creative Arts 2:00 PM 1st Floor Creative Arts 6:00 PM Brain Games & Trivia - 1st & 2nd Floor	15 9:30 AM Exercise 10:00 AM Inspirational Readings & Short Stories 1:30 PM Matinee Movie 2:00 PM 1st Floor Book Cart	16 9:30 AM Exercise 10:30 AM Bingo 2:30 PM 1st Floor Saturday Sweets
17 9:30 AM Exercise 10:00 AM Sunday Service 2:00 PM Afternoon Music 2:30 PM Bible Readings	18 Martin Luther King Jr. Day 9:30 AM Exercise 10:00 AM 1st Floor Relaxation 10:30 AM Manicures 2:00 PM 2nd Floor Book Cart 3:00 PM Happy Hour	19 9:00 AM Men's Coffee 9:30 AM Exercise 10:30 AM Bingo 1:30 PM 1st Floor 1:1's 3:00 PM Music with Gabby	20 Rubber Ducky Races  9:30 AM Exercise - Giant Beech Ball 10:30 AM Real Talk with Catherine 2:30 PM 1st Floor Bingo 2:30 PM Rubber Ducky Races	21 9:00 AM Men's Coffee 9:30 AM Exercise 10:30 AM Creative Arts 2:00 PM 1st Floor Creative Arts 6:00 PM Brain Games & Trivia - 1st & 2nd Floor	22 9:30 AM Exercise 10:00 AM Inspirational Readings & Short Stories 1:30 PM Matinee Movie 2:00 PM 1st Floor Book Cart	23 9:30 AM Exercise 10:30 AM Bingo 2:30 PM 1st Floor Saturday Sweets
24 9:30 AM Exercise 10:00 AM Sunday Service 2:00 PM Afternoon Music 2:30 PM Bible Readings	25 9:30 AM Exercise 10:00 AM 1st Floor Relaxation 10:30 AM Sign Language Class with Amber 2:00 PM 2nd Floor Book Cart 3:00 PM Happy Hour	26 9:00 AM Men's Coffee 9:30 AM Exercise 10:30 AM Bingo 1:30 PM 1st Floor 1:1's 3:00 PM Music with Gabby	27 Soup Tasting Night  9:30 AM Exercise - Giant Beech Ball 10:30 AM Real Talk with Catherine 2:30 PM 1st Floor Bingo 2:30 PM Card Games 4:30 PM Soup Tasting Night	28 9:00 AM Men's Coffee 9:30 AM Exercise 10:30 AM Creative Arts 2:00 PM 1st Floor Creative Arts 6:00 PM Brain Games & Trivia - 1st & 2nd Floor	29 9:30 AM Exercise 10:00 AM Inspirational Readings & Short Stories 1:30 PM Matinee Movie 2:00 PM 1st Floor Book Cart	30 9:30 AM Exercise 10:30 AM Bingo 2:30 PM 1st Floor Saturday Sweets
31 9:30 AM Exercise 10:00 AM Sunday Service 2:00 PM Afternoon Music 2:30 PM Bible Readings	<h2>Centre Avenue Health & Rehab Facility</h2> <p>Contact the Activities Department at Ext. 531</p>					