

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

NOVEMBER

1 Daylight Savings Ends

9:20 AM Exercise
10:30 AM Sunday Service
1:30 PM 1st Floor Sunday Service

2

9:20 AM Exercise
10:00 AM 1st Floor Meditation
10:30 AM Trivia
2:00 PM 2nd Floor Book Cart
3:00 PM Happy Hour

3 Election Day

9:00 AM Men's Coffee
9:20 AM Exercise
10:30 AM Bingo
1:30 PM Election Day
 TV Guide Handouts
3:00 PM Music with Gabby & Robin
6:00 PM Trivia & Brain Games

4

9:20 AM Exercise
10:30 AM Conversation Group
1:30 PM 1st Floor Creative
 Art Handouts
2:30 PM Giant Connect 4

5

9:00 AM Men's Coffee
9:20 AM Exercise
10:30 AM Creative Arts
1:30 PM Broadway Live

6

9:20 AM Exercise
10:00 AM Inspirational Readings
 & Short Stories
2:00 PM 1st Floor Book Cart

7

9:20 AM Exercise
10:30 AM Bingo
2:30 PM 1st Floor
 Root Beer Floats

8

9:20 AM Exercise
10:30 AM Sunday Service
1:30 PM 1st Floor Sunday Service

9

9:20 AM Exercise
10:00 AM 1st Floor Meditation
10:30 AM Sign Language Class
 with Amber
2:00 PM 2nd Floor Book Cart
3:00 PM Happy Hour

10

9:00 AM Men's Coffee
9:20 AM Exercise
10:30 AM Bingo
3:00 PM Music with Gabby & Robin
6:00 PM Trivia & Brain Games

11 Veteran's Day

9:20 AM Exercise
ALL DAY Veterans Day
 Exhibition & Photo Booth

12

9:00 AM Men's Coffee
9:20 AM Exercise
10:30 AM Creative Arts
11:00 AM 1st Floor Creative
 Art Handouts
1:30 PM Broadway Live

13

9:20 AM Exercise
10:00 AM Inspirational Readings
 & Short Stories
2:00 PM 1st Floor Book Cart

14

9:20 AM Exercise
10:30 AM Bingo
2:30 PM 1st Floor
 Ice Cream Sundaes

15

9:20 AM Exercise
10:30 AM Sunday Service
1:30 PM 1st Floor Sunday Service

16 Resident Council

9:20 AM Exercise
10:00 AM 1st Floor Meditation
10:30 AM Resident Council
2:00 PM 2nd Floor Book Cart
3:00 PM Happy Hour

17

9:00 AM Men's Coffee
9:20 AM Exercise
10:30 AM Bingo
3:00 PM Music with Gabby & Robin
6:00 PM Trivia & Brain Games

18

9:20 AM Exercise
10:30 AM Conversation Group
1:30 PM 1st Floor Creative
 Art Handouts
2:30 PM Giant Crossword

19

9:00 AM Men's Coffee
9:20 AM Exercise
10:30 AM Creative Arts
1:30 PM Broadway Live

20

9:20 AM Exercise
10:00 AM Inspirational Readings
 & Short Stories
2:00 PM 1st Floor Book Cart

21

9:20 AM Exercise
10:30 AM Bingo
2:30 PM 1st Floor
 Root Beer Floats

22

9:20 AM Exercise
10:30 AM Sunday Service
1:30 PM 1st Floor Sunday Service

23

9:20 AM Exercise
10:00 AM 1st Floor Meditation
10:30 AM Sign Language Class
 with Amber
2:00 PM 2nd Floor Book Cart
3:00 PM Happy Hour

24

9:00 AM Men's Coffee
9:20 AM Exercise
10:30 AM Bingo
3:00 PM Music with Gabby & Robin
6:00 PM Trivia & Brain Games

25

9:00 AM Men's Coffee
9:20 AM Exercise
10:30 AM Conversation Group
1:30 PM 1st Floor Creative
 Art Handouts
2:30 PM Bowling

26 Thanksgiving Day

9:00 AM Men's Coffee
9:20 AM Exercise
10:30 AM Gratitude Group

27

9:20 AM Exercise
10:00 AM Inspirational Readings
 & Short Stories
2:00 PM 1st Floor Book Cart

28

9:20 AM Exercise
10:30 AM Bingo
2:30 PM 1st Floor
 Ice Cream Sundaes

29

9:20 AM Exercise
10:30 AM Sunday Service
1:30 PM 1st Floor Sunday Service

30

9:20 AM Exercise
10:00 AM 1st Floor Meditation
10:30 AM Trivia
2:00 PM 2nd Floor Book Cart
3:00 PM Happy Hour



**Centre Avenue
 Health & Rehab Facility**

Contact the Activities Department at Ext. 531