

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

NOVEMBER

LEMAY AVENUE HEALTH & REHAB FACILITY

1 Daylight Savings Ends

9:00AM Favorite Shows
10:30AM Spa Hour,CNA
1:00PM Book Club
2:00PM Exercise Group
2:05PM Broncos VS Chargers
3:00PM Snack and Bible Study
4:00PM Picture Binder
4:45PM Aromatherapy
6:30PM Sunday Shows,CNA

2

9:00AM Spa Hour
10:30AM Conversations w/ Chaplain
1:00PM Get to Know You Game
2:00PM Fall Leaf Bookmarks
3:00PM Snacks and Stories
4:00PM Fun Fitness
4:30PM Aromatherapy
6:30PM Favorite Shows,CNA

3

9:00AM I Love Lucy
10:30AM Virtual Church
12:30PM 1-1 Visits
1:30PM Memory Cafe
3:00PM Devotional and Snack
4:00PM Music and Movement
4:30PM Aromatherapy
6:30PM Movie Night, CNA

4

9:00AM Books and Music
10:30AM Fun Fitness,CNA
1:00PM Videos
2:00PM Adult Coloring
3:00PM Snack Club
4:00PM Books and Magazines
6:30PM Evening Shows, CNA

5

9:00AM Golden Oldies
10:30AM Virtual Mass,CNA
12:30PM Spa Hour
1:30PM Cook's Club: Snickerdoodle Cookies
3:00PM Sweet Treats
4:00PM Noodle Ball
6:30PM Favorite Shows, CNA

6

9:00AM Favorite Shows
10:30AM Noodle Ball, CNA
1:00PM Puzzles and Tasks
2:00PM BINGO
3:00PM Snack
3:30PM Book of Why
4:00PM Exercise of Choice
4:30PM Aromatherapy
6:30PM Movie Night,CNA

7

9:00AM Books and Music
10:30AM Fun Fitness,CNA
1:00PM Manicures and Hair
2:00PM Guitar Music
3:00PM Snack and Music
4:00PM Yoga and Mindfulness
4:45PM Aromatherapy
6:30PM Evening Shows,CNA

8

9:00AM Favorite Shows
10:30AM Spa Hour,CAN
1:00PM Book Club
2:00PM Exercise Group
3:00PM Snack and Bible Study
4:00PM Wood Building/Painting
4:45PM Aromatherapy
6:30PM Sunday Shows,CNA

9

9:00AM Spa Hour
10:30AM Virtual Church,CNA
1:00PM
2:00PM Presentation: Happiness and Thankfulness
3:00PM Snacks and Stories
4:00PM Fun Fitness
6:30PM Favorite Shows,CNA

10

9:00AM Western Show
10:30AM Noodle Ball, CNA
12:30PM 1-1 Visits
1:30PM Memory Café
2:00PM BINGO
3:00PM Devotional and Snack
4:00PM Yahtzee
6:30PM Movie Night, CNA

11 Veteran's Day

9:00AM Books and Music
10:30AM Fun Fitness,CAN
11:00AM Bronsoc VS Falcons
1:00PM Videos
2:00PM Adult Coloring
3:00PM Snack Club
4:00PM Veteran Presentation
6:30PM Evening Shows, CNA

12

9:00AM Golden Oldies
10:30AM Virtual Mass,CNA
1:00PM Puzzles and Tasks
2:00PM Cook's Club: Pumpkin Cupcakes
3:00PM Sweet Treats
4:00PM Noodle Ball
6:30PM Favorite Shows, CNA

13

9:00AM Favorite Shows
10:30AM Noodle Ball, CAN
1:00PM Organizing
2:00PM Thankful Tree
3:00PM Snack
3:30PM Book of Why
4:00PM Fun Fitness
4:30PM Aromatherapy
6:30PM Movie Night,CNA

14

9:00AM Books and Music
10:30AM Noodle Ball ,CAN
1:00PM Chicken Soup and Cocoa
2:00PM Manicures and Hair
3:00PM Snack and Music
4:00PM Yoga and Mindfulness
4:45PM Aromatherapy
6:30PM Evening Shows,CNA

15

9:00AM Favorite Shows
10:30AM Spa Hour,CNA
1:00PM Book Club
2:00PM Exercise Group
2:05PM Broncos VS Raiders
3:00PM Snack and Bible Study
4:00PM Q-tip painting
6:30PM Sunday Shows,CNA

16

9:00AM Spa Hour
10:30AM Virtual Church,CAN
1:00PM Thankful Reading
2:00PM Thanksgiving Painting
3:00PM Snacks and Stories
4:00PM Fun Fitness
4:30PM Aromatherapy
6:30PM Favorite Shows,CNA

17

9:00AM I Love Lucy
10:30AM Noodle Ball,CNA
12:30PM 1-1 Visits
1:30PM Cook's Club: Apple Cobbler
3:00PM Devotional and Snack
4:00PM Music and Movment
4:30PM Aromatherapy
6:30PM Movie Night, CNA

18

9:00AM Books and Music
10:30AM Fun Fitness,CAN
1:00PM Videos
2:00PM Adult Coloring
3:00PM Snack Club
4:00PM Books and Magazines
6:30PM Evening Shows, CNA

19

9:00AM Golden Oldies
10:30AM Virtual Mass,CNA
1:00PM 1-1 Visits
2:00PM BINGO
3:00PM Sweet Treats
4:00PM Noodle Ball
6:30PM Favorite Shows, CNA

20

9:00AM Favorite Shows
10:30AM Noodle Ball, CNA
1:00PM Get to Know You Game
2:00PM Coffee Filter Turkeys
3:00PM Snack
4:00PM CNA/Nurse Thank You Gifts
6:30PM Movie Night,CNA

21

9:00AM Books and Music
10:30AM Fun Fitness,CAN
1:00PM Manicures and Hair
2:00PM Guitar Music
3:00PM Snack and Music
4:00PM Yoga and Mindfulness
4:45PM Aromatherapy
6:30PM Evening Shows,CNA

22

9:00AM Favorite Shows
10:30AM Spa Hour,CNA
1:00PM Book Club
2:00PM Exercise Group
2:05PM Broncos VS Dolphins
3:00PM Snack and Bible Study
4:00PM Activity of CHOICE
6:30PM Sunday Shows,CNA

23

9:00AM Spa Hour
10:30AM Conversations w/ Chaplain
1:00PM Thankful Reading
2:00PM Thanksgiving Colorings
3:00PM Snacks and Stories
4:00PM Fun Fitness
4:30PM Aromatherapy
6:30PM Favorite Shows,CNA

24

9:00AM Western Show
10:30AM Noodle Ball
12:30PM 1-1 Visits
1:30PM Memory Café
3:00PM Devotional and Snack
4:00PM Farkle
6:30PM Movie Night, CNA

25 Happy Birthday Bill

9:00AM Books and Music
10:30AM Fun Fitness,CNA
1:00PM Videos
2:00PM Adult Coloring
3:00PM Birthday Treats
4:00PM Books and Magazines
6:30PM Evening Shows, CNA

26

9:00AM Macy's Day Parade with Hot Chocolate and Coffee,
10:30AM Spa Hour
1:00PM Thanksgiving Trivia
2:00PM BINGO
3:00PM Snack & Stories of Thankfulness
4:00PM Noodle Ball
6:30PM Favorite Shows, CNA

27 Happy Birthday Iona

9:00AM Favorite Shows
10:30AM Noodle Ball, CNA
1:00PM Decorating for Christms
2:00PM Painting Group
3:00PM Birthday Treats
4:00PM Exercise of Choice
6:30PM Movie Night,CNA

28

9:00AM Books and Music
10:30AM Fun Fitness, CNA
1:00PM Puzzles and Tasks
2:00PM Manicures and Hair
3:00PM Snack and Music
4:00PM Yoga and Mindfulness
4:45PM Aromatherapy
6:30PM Evening Shows,CNA

29

9:00AM Favorite Shows
10:30AM Spa Hour,CNA
1:00PM Book Club
2:00PM Exercise Group
2:05PM Broncos VS Saints
3:00PM Snack and Bible Study
4:00PM Activity of CHOICE
6:30PM Sunday Shows,CNA

30

9:00AM Spa Hour
10:30AM Virtual Church,CNA
1:00PM News and Cocoa
2:00PM Presentation: Animals Around the World
3:00PM Snacks and Stories
4:00PM Fun Fitness
6:30PM Favorite Shows,CAN

Secured Unit
Activities

Please be aware that all
activities are subject to change