

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

NOVEMBER

LEMAY AVENUE HEALTH & REHAB FACILITY

1 Daylight Savings Ends

9:15AM Morning News Reading, DR-1
10:30AM Hymn Music & Devotional, DR-1
1:30PM Decorating for Thanksgiving, DR-1
3:00PM Snack Time, DR-1

2

9:15AM Current Events, DR-1
10:30AM Exercise, DR-1
1:30PM Fall Leaves Painting, DR-1
3:00PM Snack Pass, DR-1

3

9:15AM News Readings, DR-1
10:30AM Seated Stretching, DR-1
1:30PM November A-Z, DR-1
3:00PM Snacks, DR-1

4

9:15AM News Stories, DR-1
10:30AM Manicures, DR-1
1:45PM BINGO, DR-1
3:00PM Snack Pass, DR-1

5

9:15AM Current Events, DR-1
10:30AM Exercise Group, DR-1
1:30PM Fall Leaf Bookmarks, DR-1
3:00PM Snack Time, DR-1

6

9:15AM News Readings, DR-1
10:30AM Seated Stretching, DR-1
1:00PM Making Sugar Cookies, DR-1
3:00PM Snacks, DR-1

7

9:15AM Morning News Reading, DR-1
10:30AM Seated Exercise, DR-1
1:30PM Poetry Readings, DR-1
3:00PM Snack Time, DR-1

8

9:15AM Morning News Reading, DR-1
10:30AM Hymn Music & Devotional, DR-1
1:30PM Watercolor Painting, DR-2
3:00PM Snack Time, DR-1

9

9:15AM Current Events, DR-1
10:30AM Exercise, DR-1
1:30PM Q-Tip Painting
3:00PM Snack Pass, DR-1

10

9:15AM News Readings, DR-1
10:30AM Seated Stretching, DR-1
1:30PM 1st Floor Neighborhood Hall Meeting, DR-1
3:00PM Snacks, DR-1

11 Veteran's Day

9:15AM News Stories, DR-1
10:30AM Manicures, DR-1
1:45PM BINGO, DR-1
3:00PM Veterans Day Celebration with Cookie provided by Daughters of the American Revolution, DR-1

12

9:15AM Current Events, DR-1
10:30AM Exercise Group, DR-1
1:30PM Farkle, DR-1
3:00PM Snack Time, DR-1

13

9:15AM News Readings, DR-1
10:30AM Seated Stretching, DR-1
1:30PM Resident Choice Music, DR-1
3:00PM Snacks, DR-1

14

9:15AM Morning News Reading, DR-1
10:30AM Seated Exercise, DR-1
1:30PM Inspirational Stories, DR-1
3:00PM Snack Time, DR-1

15

9:15AM Morning News Reading, DR-1
10:30AM Hymn Music & Devotional, DR-1
1:30PM Guided Painting with Kate, DR-1
3:00PM Snack Time, DR-1

16

9:15AM Current Events, DR-1
10:30AM Exercise, DR-1
1:30PM Yarn Pumpkins, DR-1
3:00PM Snack Pass, DR-1

17

9:15AM News Readings, DR-1
10:30AM Seated Stretching, DR-1
1:30PM November Word Scramble, DR-1
3:00PM Snacks, DR-1

18

9:15AM News Stories, DR-1
10:30AM Manicures, DR-1
1:45PM BINGO, DR-1
3:00PM Snack Pass, DR-1

19

9:15AM Current Events, DR-1
10:30AM Exercise Group, DR-1
1:30PM Craft: Coffee Filter Turkeys, DR-1
3:00PM Snack Time, DR-1

20

9:15AM News Readings, DR-1
10:30AM Seated Stretching, DR-1
1:30PM Making Rice Crispy Treats, DR-1
3:00PM Snacks, DR-1

21

9:15AM Morning News Reading, DR-1
10:30AM Seated Exercise, DR-1
1:30PM Chicken Soup Readings, DR-1
3:00PM Snack Time, DR-1

22

9:15AM Morning News Reading, DR-1
10:30AM Hymn Music & Devotional, DR-1
1:30PM Watercolor Painting, DR-2
3:00PM Snack Time, DR-1

23

9:15AM Current Events, DR-1
10:30AM Exercise, DR-1
1:30PM Thankful Rocks, DR-1
3:00PM Snack Pass, DR-1

24

9:15AM News Readings, DR-1
10:30AM Seated Stretching, DR-1
1:30PM Thanksgiving Word Scramble, DR-1
3:00PM Snacks, DR-1

25

9:15AM News Stories, DR-1
10:30AM Manicures, DR-1
1:45PM BINGO, DR-1
3:00PM Snack Pass, DR-1

26 Thanksgiving

9:15AM Macy's Day Parade with Hot Chocolate & Coffee, DR-1
2:30PM Turkey Trivia, DR-1
3:00PM Snack Time, DR-1

27

9:15AM News Readings, DR-1
10:30AM Seated Stretching, DR-1
1:30PM Resident Choice Music, DR-1
3:00PM Snacks, DR-1

28

9:15AM Morning News Reading, DR-1
10:30AM Seated Exercise, DR-1
1:30PM Short Stories, DR-2
3:00PM Snack Time, DR-1

29

9:15AM Morning News Reading, DR-1
10:30AM Hymn Music & Devotional, DR-1
1:30PM Take down Decorations, DR-1
3:00PM Snack Time, DR-

30

9:15AM Current Events, DR-1
10:30AM Exercise, DR-1
1:30PM Pinecone Gnomes, DR-1
3:00PM Snack Pass, DR-1

*First Floor
Activities*

Please be aware that all
activities are subject to change