

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# NOVEMBER

**1 Daylight Savings Ends**

**9:30 AM** Hymn Sing  
**10:30 AM** Social Visits  
**2:00 PM** Bingo  
**3:00 PM** Trivia

**2**

**9:30 AM** Music with Maria  
**2:00 PM** Word Games  
**3:00 PM** Exercise

**3 Election Day**

**9:30 AM** Manicures  
**2:00 PM** Ice Cream Social  
**3:00 PM** Move & Groove

**4**

**Wacky Wednesday:** Tutu Day  
**9:30 AM** Reminiscing  
**10:30 AM** One on one Visits  
**2:00 PM** Name that Tune  
**3:00 PM** Peace and Calming

**5**

**9:30 AM** Cooking Club  
**10:30 AM** Game Time  
**2:00 PM** Treats & Trivia  
**3:00 PM** Exercise

**6**

**9:30 AM** Craft  
**2:30 PM** Happy Hour  
**3:15 PM** Movie Matinee

**7**

**9:30 AM** News & Views  
**2:00 PM** Exercise  
**3:00 PM** Beauty Salon

**8**

**9:30 AM** Hymn Sing  
**10:30 AM** Social Visits  
**2:00 PM** Bingo  
**3:00 PM** Trivia

**9**

**9:30 AM** Music with Maria  
**2:00 PM** Word Games  
**3:00 PM** Exercise

**10**

**9:30 AM** Manicures  
**2:00 PM** Cupcake Social  
**3:00 PM** Move & Groove

**11 Veteran's Day**

**Wacky Wednesday:**  
 Red, White, & Blue Day  
**9:30 AM** Reminiscing  
**2:00 PM** Veterans Day Social  
**3:00 PM** Peace and Calming

**12 Chicken Soup for the Soul Day**

**9:30 AM** Cooking Club  
**10:30 AM** Game Time  
**2:00 PM** Treats & Trivia  
**3:00 PM** Exercise

**13 World Kindness Day**

**9:30 AM** Craft  
**2:30 PM** Happy Hour  
**3:15 PM** Movie Matinee

**14**

**9:30 AM** Story Time  
**2:00 PM** Exercise  
**3:00 PM** Beauty Salon

**15**

**9:30 AM** Hymn Sing  
**10:30 AM** Social Visits  
**2:00 PM** Bingo  
**3:00 PM** Trivia

**16**

**9:30 AM** Music with Maria  
**2:00 PM** Word Games  
**3:00 PM** Exercise

**17**

**9:30 AM** Manicures  
**2:00 PM** Hot Coco Bar  
**3:00 PM** Move & Groove

**18**

**Wacky Wednesday:** Pajama Day  
**9:30 AM** Reminiscing  
**10:30 AM** One on one Visits  
**2:00 PM** Name that Tune  
**3:00 PM** Peace and Calming

**19 Happy Birthday George!**

**9:30 AM** Cooking Club  
**10:30 AM** Game Time  
**2:00 PM** Birthday Party  
**3:00 PM** Exercise

**20**

**9:30 AM** Craft  
**2:30 PM** Happy Hour  
**3:15 PM** Movie Matinee

**21**

**9:30 AM** News & Views  
**2:00 PM** Exercise  
**3:00 PM** Beauty Salon

**22**

**9:30 AM** Hymn Sing  
**10:30 AM** Social Visits  
**2:00 PM** Bingo  
**3:00 PM** Trivia

**23**

**9:30 AM** Music with Maria  
**2:00 PM** Word Games  
**3:00 PM** Exercise

**24**

**9:30 AM** Manicures  
**2:00 PM** Popcorn Party  
**3:00 PM** Move & Groove

**25**

**Wacky Wednesday:** Flannel Day  
**9:30 AM** Reminiscing  
**10:30 AM** One on one Visits  
**2:00 PM** Name that Tune  
**3:00 PM** Peace and Calming

**26 Thanksgiving Day**

**10:00 AM** Thanksgiving Parade and Treats  
**3:30 PM** Reminiscing

**27**

**9:30 AM** Craft  
**2:30 PM** Happy Hour  
**3:15 PM** Movie Matinee

**28**

**9:30 AM** Story Time  
**2:00 PM** Exercise  
**3:00 PM** Beauty Salon

**29**

**9:30 AM** Hymn Sing  
**10:30 AM** Social Visits  
**2:00 PM** Bingo  
**3:00 PM** Trivia

**30**

**9:30 AM** Music with Maria  
**2:00 PM** Word Games  
**3:00 PM** Exercise

**Columbine West  
 Health & Rehab Facility**

**SPECIAL CARE UNIT**